

Living Trials

A local woman fights to spread the word about a device that one doctor says represents much of what is wrong with healthcare

By Thadeus Greenson



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MAILBOX

By the Numbers

Editor:

As data administrator for HSU's institutional research department, some of the numbers J. Daniel Fernandez cited in "35 Days in the Forum" (Feb. 26) are quite misleading. In 2009, the CSU changed the ethnicity and race questions asked on the university application to match new federal standards. Instead of picking a single ethnic group, applicants are now asked if they have Hispanic heritage and then given the opportunity to select up to five different races (white, black, American Indian, Pacific Islander, and Asian).

Students with any Hispanic background are grouped with Hispanics, regardless of the races they select. New students who might previously have been identified as American Indian are now often reported as Hispanic or two or more races. The effect of this change was to cause the number of American Indian students at Humboldt to appear to decline precipitously, from 176 in 2007 to just 85 in 2014. However, a closer look at the data reveals a very different story. In 2008, 2.5 percent of new students at Humboldt identified themselves as American Indian. This jumped to 4.6 percent when students were allowed to select more than one

Jigsaw Buddha Susie

She always picks
Colorful ones.

Typically landscapes
Nurturing wildflowers,

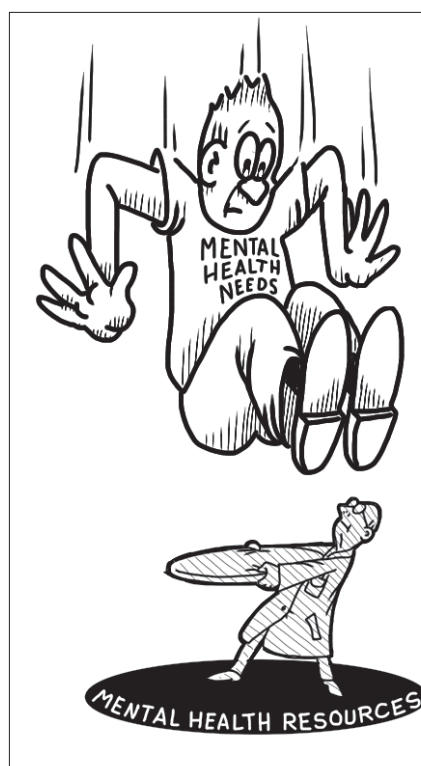
Exploding in blissfully
Ascending colors.

She also takes
Twice as long

As I

And enjoys it
A hundred fold.

— Kirk Gothier



CARTOON BY TERRY TORGERSON

PERILOUS PLUNGE

Torg

race in 2009. During the last five years, this number has grown steadily. In 2014, 8.7 percent of all new students and 12 percent of new local students claimed American Indian heritage. As of 2013, the Census Bureau estimated that 1.8 percent of Californians and 8.1 percent of Humboldt County residents had American Indian ancestry, alone or in combination with other races.

Ward Headstrom, Manila

Sit in and Speak up

Editor:

In regard to your excellent coverage of the Unified Students strike ("35 Days in the Forum") I'd like to see President Rossbacher replaced for her poor, bordering on insulting, handling of the situation and Radha Webley for her disgraceful handling of it.

The only reason for the firing of an employee of nine years with an excellent and successful tenure is that she made the error of having too much caring and integrity. She's a whistleblower. She tried to protect her students and her program. Well, shame on her.

The manner of her termination is a disgrace. She was hauled out of her office, peremptorily told to gather her belongings while confused students, some in the middle of taking an exam, were also kicked out of the building and the locks on the doors immediately changed. She was treated like a criminal. Webley's recent apology does not change what she did to Bolman and the students. Her competency should be in question.

Humboldt State University has the only

Native American Studies baccalaureate degree program in the California State University system and HSU sits on Wiyot land, however attacks on the program have been constant. Teacher losses, classes cut, closure of the Center for Indian Community Development and more have brought many student protests. The Native American Forum (now the Bolman Forum) was built specifically for Native American students but it's gotten difficult for them to have access to it because the university has preempted it.

Rossbacher's refusal to reinstate Bolman should raise questions about the administration's goals for HSU. Bolman was fired out of fear that she might cost the school money, not because she didn't do an excellent job.

There's a sickness on that campus. Symptomatic of that sickness are leadership choices made by the CSU system of people devoted to money grubbing, not to quality education.

Sylvia De Rooy, Eureka

ACLU's Small Town Problem

Editor:

I was a public defender in Ventura for nearly 30 years. After I retired I became more active in the Ventura County Chapter of the Southern California ACLU (ACLU-SC). In September, 2012, I was elected to the Ventura County ACLU board. I soon became disillusioned about making any difference in my community through the local ACLU ("ACLU Angst," Jan. 29).

Our board was comprised of pro-

fessional, intelligent, concerned people. We met monthly, set up programs to inform residents about current issues, and attempted to assist people in need of help. Two examples show the lack of interest of ACLU-SC in Ventura County:

I attempted to put together a public forum about police violence in Ventura County. Two prominent local attorneys representing victims of police violence agreed to participate. I attempted to secure the presence of the ACLU-SC police violence expert. Despite multiple calls he never once responded. I was told at one time by an ACLU employee that he would appear, but that appearance was cancelled. The ACLU-SC sent two newbies who spoke about "the rights of students to education, privacy, due process, and freedom from discrimination" — nothing about police violence.

In another incident I was asked by the local newspaper to make a statement about the position of the ACLU on civilian drones. I was told that I needed ACLU-SC approval before making a public statement. No one at ACLU-SC would respond to me so I had to decline.

Perhaps ACLU professionals are reluctant to trust volunteers, regardless of their background. I believe, however, that the major problem is that the big city ACLU is uninterested in their podunk backyard. No doubt the ACLU does good for our country, but it disregards the smaller communities.

I resigned from the Ventura County ACLU in August, 2013.

Susan R. Olson, Ojai

Comment of the Week

"The author seems to have a sense of glee at the demotion of Pluto. Rubbing it in, as it were."

— Mike Wrathell, one of several commenters that flew to Pluto's defense in response to last week's "Field Notes."

Chile out

Editor:

Linda Stansberry hinted at a food crawl for the best chile rellenos in Humboldt County at the end of her fritter piece ("Fritter Nation," Jan. 29). I would really like to encourage her in that endeavor. With the amount of Mexican restaurants in Humco, I'd like her opinion on what stands out as compared to just all right. I love rellenos enough to have gone on YouTube to watch the authentic preparation by Mexican grandmothers and have done some decent homemade, but I still have a hard time searing and peeling the dang poblanos. For the work involved, they are a bargain at most Mexican restaurants. Hope this food crawl gets put on the front burner.

Jurgen Stoll, Fortuna

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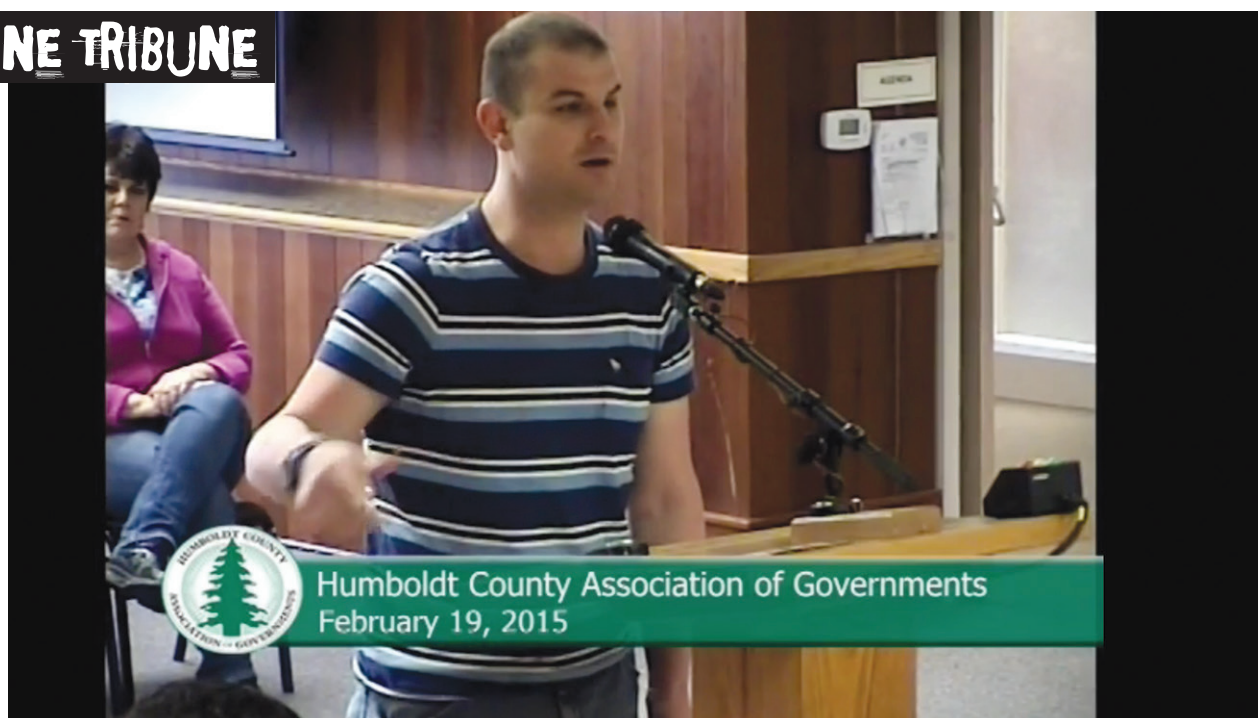
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"THEY'RE THROTTLING THE INTERNET... AND IT'S UPSETTING ME."

All Aboard the Fun Bus

When you think about it, transit buses and public restrooms have a lot in common. Both are uncomfortable and both are stalwart offenders of one's olfactory glands. Utilized — as such public accommodations tend to be — by complete strangers of dubious hygiene, both the wheeled and non-wheeled varieties of smell-o-seats are presumed to host a full Noah's Ark of the bacteria kingdom. While in the reptilian recesses of each of our minds we are aware that tragic circumstances may one day force us to plant our rear-ends on one or the other of them, we hope dearly that day never arrives.

So why are officials endeavoring to make the local bus system even more "dirty?"

The Humboldt Transit Authority would like you to know that untold gigabytes of raw, illicit data now await your eager fingertips, right on the other side of those smudged accordion doors.

I know, right? Eewww!

Seriously though, HTA's bid to entice millennials now includes all-you-can-eat wi-fi on local buses. That should move a few day-passes. Begun in 2012, the HTA's data-bus gambit was heralded by the transit operator itself as a way for people to "surf the Internet to download email, work, shop and read the latest news from their seat on the bus."

Orwellian, yes — but that's what we pay our public officials for. Some studies show that smut accounts for a full third of Web traffic, so a great deal of it has to

be piping into those buses. So, we all get the translation: "Come ride the shame train! Now featuring all-you-can-stream raunch!"

Just Don't Throttle It

The problem is, lately the HTA isn't delivering on all that *working* and *e-mailing* and *reading news*. At its February meeting, the county's transportation oversight board — HCAOG — got blown-up during public comment by one disgruntled, 30-something hipster dude whose hilarious **Napoleon Dynamite** take down made up in sheer awesomeness for whatever it lacked in subtlety: "The wi-fi on the bus always goes out all the time, and they're stealing... your money," the glassy-eyed youngster pleaded. "They're throttling the Internet... and it's upsetting me." (Check out @BuhneTribune on Twitter for the full clip.)

Which, to us, raises a philosophical issue: Is modern bus ridership even a going concern without the prospect of researching human mating rituals from the privacy of one's smartphone?

We do know this much: For those who, like us, bemoan the lack of engagement of young voters in the halls of local democracy, take heed from HCAOG — throttle the wi-fi and they will come.

Money Disposal: Yeah, We do That Too

"We moved very quickly."

That was the somewhat self-satisfied, but reality-challenged, conclusion dished

out by **Trash Boss Jill Duffy** while addressing a bombshell revelation that patrons of Eureka's Hawthorne Street transfer station have unwittingly been disposing of more than just old tires and tree limbs.

An as-of-yet unnamed employee staffing the weigh-station, it seems, was also assisting customers in the disposal of filthy lucre.

How long has this swindle been afoot, you ask?

As near as Duffy can tell, the cash-grab potentially dates back to a certain software vulnerability in place at **Humboldt Waste Management Authority** since the year 2000.

We sorta remember that far back. Something about Y2K? And wasn't **Chelsea Clinton's** dad in the Whitehouse? Anyone who owns a single piece of technology that old, please raise your hand. No? Didn't think so.

But don't worry: Duffy assured the board the problem was rectified "quickly" after a fellow employee spied the suspect in the act and blew the whistle.

But anachronistic computer programs aside, how did this happen?

As anyone who's ever been to the dump knows, the weigh-station consists of a large metal scale built into the ground, over which exiting vehicles must pass. Depending on the amount of weight lost in dumping refuse, the exiting customer is billed by the pound.

If you're like us, you expediently hand over to the attendant the amount of cash requested, no questions asked. Far from being the kind of place one would

leisurely haggle over the bill, you just want to bail before the next seagull-assault on your windshield. One enterprising employee apparently was wise to the human desire to peel rubber out of that place.

Informed that nobody knows how bad the dump got looted, **Humboldt County Supervisor Mark Lovelace** asked incredulously, "The alleged theft can't be quantified?"

"That is correct," Duffy replied, explaining the reason for the authority's "qualified" audit.

Several board members' jaws seemed to hang open in disbelief. Another pleaded: "Any idea of the range of possible fraud — or just no idea whatsoever?"

"No."

The Eureka Police Department has opened an investigation into the Dump Caper. An insurance claim also has been submitted, Duffy said.

Healdsburg's One-Man Stimulus Plan?

Like many politicians, the North Coast's newly installed **State Sen. Mike McGuire** (D-Healdsburg) *claimed* during his 2014 campaign to be committed to the creation of middle-class jobs. But did he really mean it?

Survey says, "Yes." But we thought he was referring to the private sector!

Representing a sprawling and largely rural district, McGuire holds the unusual distinction among members of the Golden State's upper chamber of staffing no fewer than a half dozen official senatorial offices.

All state senators, it seems, are provided with an office in the **Capitol Building** in Sacramento. Commonly, senators also establish one — or at most two or three — other office closer to their home-base constituents.

Then there's our own senator-cum-real-estate-magnate with shingles hanging in Crescent City, Eureka, Ukiah, Santa Rosa, Sacramento and San Rafael, crowning him the Golden State's **King Office Bloat**.

We all know unemployment on the North Coast remains stubbornly high. But are more public-trough bureaucrats really the answer? While we applaud Sen. McGuire's apparent commitment to self-aggrandizement job creation, when it comes to his own offices he might want to look into phone and email. ●

— **Ryan Hurley**

newsroom@northcoastjournal.com

Ryan Hurley is a Eureka-based attorney. Follow him if you dare: @BuhneTribune.

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COMMUNITY

Downtowner Movin' on up

Eureka received a \$3.8 million grant from the state to develop Danco's Lodge at Eureka on the site of the derelict Downtowner Motel.

Residents have long grumbled about the property, and last year it became a contentious political point when 4th District Supervisor Virginia Bass, who was running for re-election, appointed Downtowner owner Kevin McKenny to the county planning commission.

Danco Communities, which is planning to build affordable senior housing on the site, is in escrow with McKenny. The city will loan Danco the \$3.8 million community development funding, and the rest of the \$8 million project will be funded through tax credits and private financing.

— Grant Scott-Goforth

COURTS

Suit Filed in Jail Death

The mother of a 42-year-old man who died in the Humboldt County jail hours after being arrested by Eureka police officers last year has filed a federal wrongful death lawsuit seeking unspecified damages.

Brought on behalf of Stephany Borges, Daren Borges's mother, the suit filed Feb. 26 alleges officers violated Borges' rights when they forcefully arrested him at about 2 p.m. on June 13, 2014 on suspicion of misdemeanor public intoxication. Then, the claim alleges officers were negligent when they booked him into the Humboldt County jail instead of taking him to be examined at a local hospital, despite Borges' "obviously experiencing a medical and psychiatric emergency." At about 4 p.m., Borges was found unresponsive in a sobering cell at the jail and was pronounced dead about 20 minutes later at a local hospital. The Humboldt County jail says staff checked on Borges every 15 minutes after placing him in the cell, which is jail policy.

The lawsuit is being brought by Woodland Hills attorney Dale K. Galipo, who recently announced the filing of a claim on behalf of the family of Thomas "Tommy" McClain, the 22-year-old shot dead in September by a Eureka police officer.

Galipo also represented the family of Martin Cotton III, who the Borges lawsuit states died in a jail sobering cell "under shockingly similar circumstances." In Cot-

ton's case, Galipo negotiated a settlement with the county of Humboldt and saw a jury award Cotton's family \$4.6 million in damages from Eureka and its officers.

The Borges case comes on the heels of Eureka Police Chief Andy Mills announcing both that he is looking to have a federal agency step in and review all of Eureka's officer-involved fatalities stretching back 10 or 15 years and that he is revamping the department's internal affairs investigations into civilian complaints against the department.

Mills said he has reached out to the director of community policing for the U.S. Department of Justice — and even met with him personally in Orlando — asking the department to fund a review of all EPD's officer involved fatalities looking for trends, patterns and areas in which the department can improve, but has yet to hear back. If the DOJ is unwilling to take on such a review, Mills said he will look to raise money through the private sector to fund it. A thorough review is expensive, running as much as \$50,000, Mills said.

The Center on Juvenile and Criminal Justice, a nonprofit nonpartisan organization dedicated to reducing the national incarceration rate, recently conducted an analysis of all California killings that were classified as "deaths by legal intervention" — 810 in total — between 2000 and 2010. On a per-capita basis, the review found Eureka to be the state's deadliest city for killings by law enforcement, with higher rates of officer-involved fatalities than San Bernardino, Compton and Inglewood.

It's worth noting that Eureka's numbers are elevated by the string of four officer-involved shooting deaths that occurred in less than one-year span between 2005 and 2006. Some have described the string as a statistical anomaly, while others pointed to it as evidence the department was out of control and poorly managed.

Mills also announced that he's conducted a review of all the department's internal affairs investigations since 2008. The department has seen an average of about 17 complaints a year filed against its officers.

Nationwide, Mills said about 25 percent of civilian complaints against law enforcement are determined to be "unfounded," with the alleged misconduct not having occurred. But, in Eureka's cases, 73 percent were determined to be "unfounded."

Mills said he's not sure why Eureka's

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SO YOUNG! SO ADORABLE! FOO FIGHTERS AT THE JAMBALAYA. FEB. 23, 1995.
FOO FIGHTERS PERÚ FACEBOOK PAGE

outcomes varied so drastically from the national average, noting that he wasn't here for most of those investigations. But, he said that it can sometimes be easy for cops to just take their peers at their word, rather than thoroughly investigating an incident.

"My response is that I want us to make sure that we are thoroughly and thoughtfully investigating every incident, that we're not just taking the officer's word over another person's word," he said. "If someone comes in and makes a complaint, we're going to be as objective and thorough as possible."

Last year, Mills said the department received 12 complaints, two of which were withdrawn. Of the other 10, four were sustained, 1 was not sustained, one was unfounded and three were exonerated.

Mills is looking to put together a chief's advisory panel, which would review internal affairs investigations to make sure they were fair and thorough.

— Thadeus Greenon

MUSIC

That Time the Foo Fighters Played Arcata

British weekly music mag *NME* reminded us about of anniversary near and dear to longtime A-towners' hearts with its recent article, "Back To The Foo-ture: 20 Years On, The Story Of Foo Fighters' First Ever Show."

The story starts off slagging on Arcata as a place "where not much happens," before launching into a description of how "the town became a footnote on

the story of arguably the biggest band on the planet." Complete with quotes from Johnny "DJ Red" Ferrington and former *Journal* staffer Bob Doran (who wrote for the *Union* at the time), we're treated to what it was like, way back when.

The owners of the Jambalaya thought it was a joke when they got the call. Dave Grohl wanted to play with his new band the following night? A man who, with Nirvana, had catalyzed a total rewiring of guitar music — from the goonish, oversexed, poodle-haired pomp of 1980 rock to the viciously raw nihilism of grunge, defining a generation along the way — wanted to debut his highly anticipated new music at the 220-capacity Jambalaya? Here in sleepy Arcata?

And the by-all-accounts blistering set wasn't the end of it. The Foos also went bowling! DJ Red took slight issue with the *NME* version of this story, noting on his Facebook page that he invited Grohl and the band to come bowling with a group of Arcata Bowl regulars. "Dave was an excellent bowler, and the fact that he accepted my offer (really, it was a challenge) is testament to what a down-to-earth dude he is."

On the downside, you can't bowl in Arcata anymore and the Foo Fighters aren't likely to return any time soon. On the upside, we still have a relatively rockin' scene, for a place "where not much happens." And who knows? Given what a down-to-earth dude he is, maybe Grohl and company'll get the itch to return to their roots once again...

— Jennifer Savage

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Herbs and Bees

By Grant Scott-Goforth

grant@northcoastjournal.com

The fight for Arcata's 4/20 festival is heating up. For years, beleaguered travelers, excitable college kids and local enthusiasts would ascend the ferny trails to celebrate weed in all its glory at the city-owned public park nestled between the redwoods.

But for the last couple of years, police officers, under city direction, have stifled the event, blocking roads and paths to the park with trimmed tree limbs, and dosing the grassy lawns with malodorous fertilizer, according to reports.

After last year's totally bunk non-festival, local civil rights activists and attorneys got peeved. In October, attorney Peter Martin, representing marijuana activist Greg Allen, filed a federal complaint against Arcata, Police Chief Tom Chapman and then-City Manager Randy Mendosa for violating the First Amendment.

In the complaint, Martin wrote that Mendosa and Chapman had been concocting a plan since late 2009 to close the park to 4/20 revelers, singled out would-be-partiers and turned potential visitors away, all flying in the face of the right to peacefully assemble on public property.

This week, HumRights Director Jeffrey Schwartz (who's married to *Journal* columnist Marcy Burstiner) announced that his organization has been in negotiations with the city to reserve the park space for April 20, 2015.

"Shortly after submitting the request [in June, 2014], an Arcata Recreation Division staff member informed HumRights that the Arcata Police Department had directed city employees not to allow reservations at the park on that day," Schwartz wrote in a press release.

In September, Schwartz contacted an APD lieutenant, who told him that the department has a standing reservation on April 20 every year. "The lieutenant stated that the department uses the picnic area, stage and building as a staging area and command post for public safety operations on that date. The lieutenant said the department would be happy to discuss sharing the picnic area with HumRights."

But those negotiations dried up, apparently, when Martin filed suit in October. HumRights urged the city to reverse the permit denial at a council meeting last month.

"We want to stress that this is a not a marijuana issue," Outreach Director Kaci Poor [who has freelanced for the *Journal*

in the past] said at the meeting. "This is an issue of prior restraint. This is an issue of freedom of assembly and freedom of speech."

In the year's most bizarre pot-related true crime story, a Brooklyn cherry magnate took his own life with an ankle-holstered pistol in a locked bathroom as authorities discovered a massive marijuana farm underneath his factory.

Years prior, the Brooklyn District Attorney's Office received a tip that Arthur Mondella, who ran a successful maraschino-cherry factory in the Red Hook District of the borough, was also growing marijuana on the site. But investigations didn't turn up enough evidence to secure a search warrant — Mondella didn't have apparent ties to organized crime, the water and electricity usage weren't beyond expected for the factory's operations, thermal cameras revealed no telling glow, and the building's plan showed it had no basement, where the tipster had placed the grow.

Beekeepers in the region, meanwhile, began to notice a red hue to the honey they collected. Through some community investigation, a beekeeper's association pinpointed Mondella's factory, and, by an account in the *Daily Beast*, Mondella and the association began to seek a solution.

But the red bees gave the district attorney's office an opportunity to peek into the factory after six years of hand-wringing. Investigators coaxed city environmental agents to search for illegal dumping, all the while keeping an eye out for signs of marijuana. Nothing. But on a return visit last week, DA investigators tagged along and found a secret door behind steel shelves that led downstairs to a 2,500-square-foot farm (the biggest ever discovered in New York City, according to reports), 100 pounds of pot, 60 varieties of seeds and \$125,000 in cash.

Mondella, 57, shot himself as investigators searched the factory. His suicide has baffled many, including investigators, according to reports. Mondella was apparently well-liked, and cared for his employees and his family; his maraschino business was successful; and, in a nation of rapidly reforming marijuana laws, it seems at least remotely possible that Mondella could have escaped the crazy sentencings of yesteryear.



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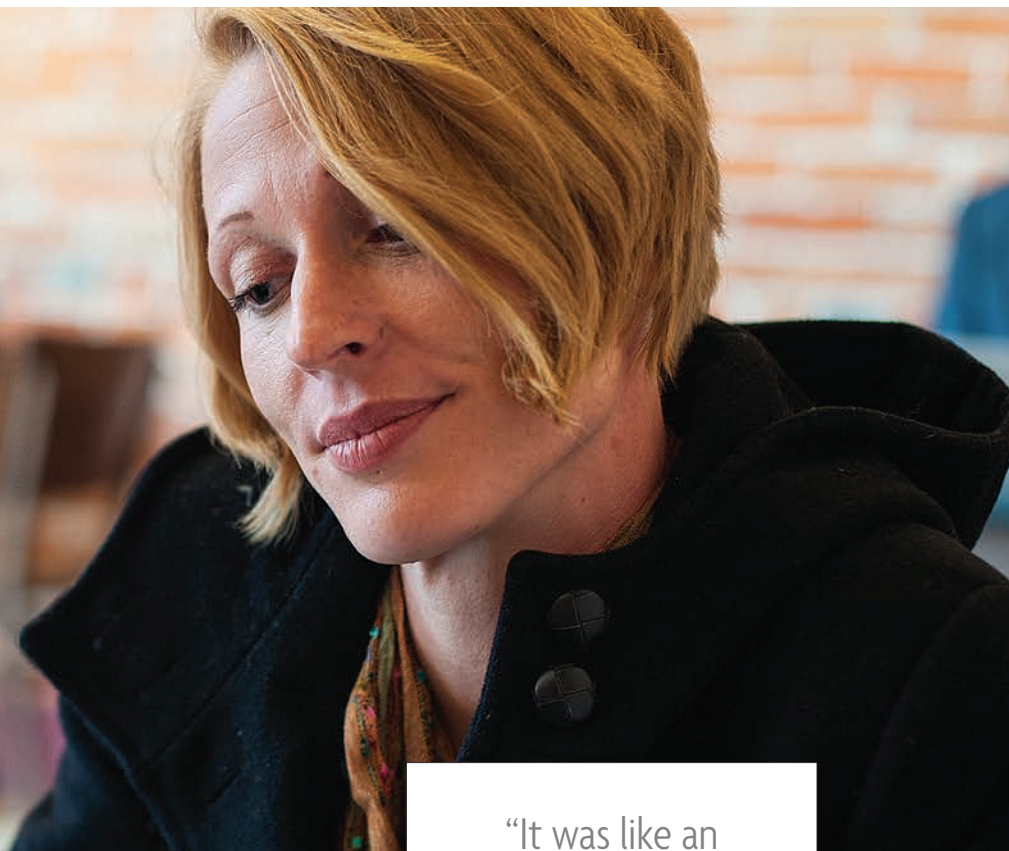
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Living Trials

A local woman fights to spread the word about a device that one doctor says represents much of what is wrong with healthcare

By Thadeus Greenson



“It was like an assault. My whole life and my health were stolen from me for someone’s profit. That really pisses me off.”

— Tamara Meyers

TAMARA MEYERS CHOSE ESSURE BECAUSE IT WAS ADVERTISED AS A HIGHLY EFFECTIVE NONSURGICAL BIRTH CONTROL THAT COULD HAVE HER BACK AT WORK WITHIN A COUPLE OF DAYS. PHOTO BY MARK MCKENNA

It sounded perfect to Tamara Meyers. She was done having children, she was sure of that, and clinical trials had shown Essure to be remarkably effective — 99.8 percent, in fact. The doctor also said it was easy — just a 10-minute procedure that should have her back on her feet in a couple of days.

This was important to Meyers, the then-36-year-old who’d grown up in Freshwater and attended Eureka High School. She worked long hours restoring old cars at Harper Motors and had a 14-year-old daughter to look after. Plus, she was helping her father through cancer treatments. She simply didn’t have the time to spend weeks recovering from surgery.

With Essure, a doctor at the clinic in Eureka told her, there would be no incisions or cuts, no hospital and no general anesthesia. She could have the procedure done right there in the Planned Parenthood office and she would be heading home within an hour.

So on Aug. 10, 2012 Meyers went into the Planned Parenthood building on Timber Falls Court to have the Essure procedure performed. Her life would never be the same.

“The pain was excruciating,” Meyers said recently, her short blond hair bursting out from underneath her beanie in wisps. Her face offered a smile of the laugh-or-cry variety as she explained that the initial pain was just the beginning and has been followed by daily struggles, two major surgeries and more than 20 frantic visits to the emergency room. “It was like an assault. My whole life and my health were stolen from me for someone’s profit. That really pisses me off.”

Meyers is one of hundreds of thousands of women who have undergone the Essure permanent birth control procedure since it was approved by the United States Food and Drug Administration in 2002. Developed by Conceptus Inc., which was later taken over by Bayer, Essure was designed to offer patients a nonsurgical, non-hormonal alternative to tubal ligation sterilization.

The device itself is made up of two 2-inch-long metal coils — one nickel titanium alloy, the other stainless steel — wrapped around polyester fibers. Using a scope device that enters the uterus through the vagina, a doctor implants one coil in each of the openings of a woman’s fallopian tubes. There, the coils are designed to induce inflammation — an immune response as the body attempts to reject them. Over the course of three months following implantation, scar tissue — or a “natural barrier,” as Bayer puts it — builds up around the coils, blocking the fallopian tubes and thus the ability of sperm to fertilize a woman’s eggs.

Clinical trials found the procedure, when done correctly, to be more effective than tubal ligations — having your tubes tied, in layman’s terms — in which a surgeon clamps a woman’s fallopian tubes, or severs and seals them. The device went through three phases of clinical trials from November 1998 through June of 2001 and was tested on a total of 745 women.

The FDA classifies medical devices in three categories. Essure fell into Class III, which is reserved for those devices that “support or sustain human life” or are of

“substantial importance in preventing impairment of human health,” according to the FDA. They require clinical trials — scientific reviews designed to test their safety and effectiveness — and premarket approvals, meaning they are reviewed and signed off on by the FDA before being available to consumers.

The catch with premarket approvals, however, is that it leaves the device’s makers immune from liability for personal injuries or adverse affects, meaning the companies making these things can’t be sued. That wasn’t always the case.

Federal law offers no provision allowing for civil lawsuits against producers of medical devices, so injured patients have historically turned to more stringent state laws, with many winning substantial awards. But in 2004, the administration of President George W. Bush reversed long-standing federal policy and began arguing that the FDA’s premarket approval should supersede lawsuits brought under state law. The push stemmed from Bush’s belief that frivolous lawsuits were driving up the price of medical services and hamstringing the development of new technologies.

In 2008, the issue made it to the U.S. Supreme Court, which backed the Bush administration with an 8-1 decision. Writing for the majority, Justice Antonin Scalia reasoned that allowing state lawsuits stemming from federally approved de-

vices “disrupts the federal scheme,” under which the FDA looks at both risks and benefits. In state cases, Scalia continued, a jury would only see the injured plaintiff and a device’s potential dangers, while the patients who benefited from the device would not be represented in court.

Sitting in an Old Town coffee shop on a recent afternoon, Meyers said she feels the court’s ruling protects corporations while leaving patients vulnerable.

Meyers’ frustration stems not only from her personal experience, but from knowing she is one of at least 15,000 women who say they have suffered horribly adverse reactions to Essure and have no recourse. Like Meyers, many of these women say their lives have been nightmarish since the procedure — a daily maze of pain and confusion.

Julio Novoa is a practicing gynecologist and cosmetic surgeon in El Paso, Texas.

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He's treated some 15,000 patients and delivered thousands of babies. About a year ago, someone contacted Novoa and asked him to review the information on a Facebook page called "Essure Problems," on which thousands of women, including Meyers, were complaining of adverse reactions to the device.

"At first, I was skeptical," Novoa said recently. But that's changed: "In a nutshell, all the weaknesses related to the FDA and all the weaknesses related to medicine as a whole are touched on here. They've all been exacerbated by this particular device as an example of how weak the system really is."

Those weaknesses, Novoa said, start with the clinical trials. Poring through the data, Novoa said he saw that doctors in the trials reported having problems properly placing the Essure devices 14 percent of the time. "These are highly skilled, expert-level OB/GYN docs," he said. "What type of complication rate are you going to see with novices?"

And the way the device was pushed by



ABOVE THE ESSURE IMPLANTS ARE 2-INCH METAL COILS MADE OF TITANIUM AND NICKEL, WRAPPED AROUND POLYESTER FIBERS. IMPLANTED IN THE FALLOPIAN TUBES, THE DEVICES WORK BY CAUSING AN IMMUNE REACTION THAT CREATES SCAR TISSUE TO BLOCK THE TUBES, PREVENTING FERTILIZATION. COURTESY OF BAYER

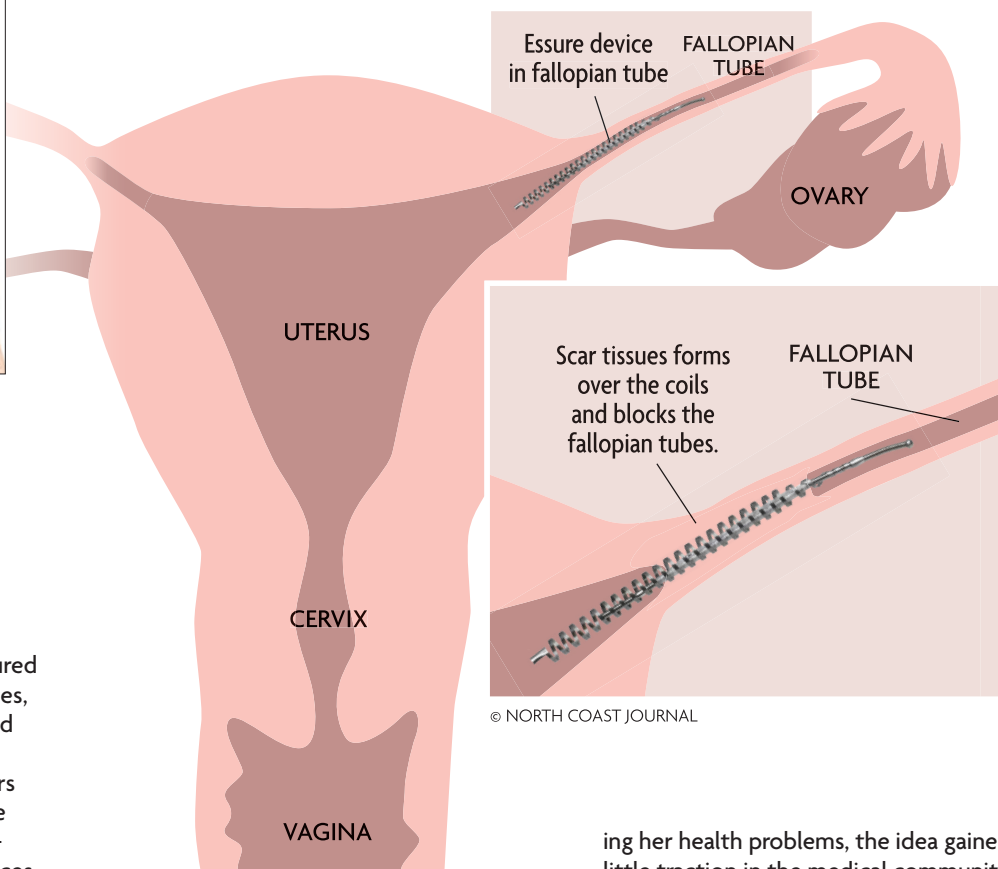
company representatives almost ensured it was going to be implanted by novices, Novoa said. First and foremost, he said there was a financial incentive, noting that the industry standard had doctors billing \$1,500 for a 10-minute, in-office

procedure to implant Essure devices. Compare that with the \$350 to \$500 they'd charge for a hysterectomy — a two-hour long surgery in a hospital setting — and Novoa said it's easy to see why some doctors favor Essure.

But, he said, many doing the implanting are far from experts with a hysteroscope, noting that all that is required for a doctor to implant Essure is a six-hour training from a Bayer sales representative.

For Meyers,

the Essure implantation was painful, leaving her faint and dizzy. But that was just the beginning. Other symptoms came almost immediately: swollen lymph nodes; a burning sensation in her veins, pelvis and abdomen; numbness in her face and arm;



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MEYERS, 38, TOOK A MOMENT JUST BEFORE HER HYSTERECTOMY OPERATION IN JUNE 2014 TO POSE FOR A PHOTO. PHOTO COURTESY OF TAMARA MEYERS

muscle twitches; fatigue; a jolting sensation that felt like electrical shocks; and a metallic taste in her mouth. "The symptoms were basically feeling like I was being poisoned to death," Meyers said, adding that she lost 10 pounds in the two weeks after implantation. "I had an immediate reaction."

Meyers followed up with her doctor, who said her Essure implants were fine. Whatever was going on with her, he said, wasn't due to the implants. She was referred to three different doctors and visited the emergency room numerous times, but found no answers. The only answers Meyers did find were on the Essure Problems Facebook page, which she described as a light in the darkness. "I cannot put into words how it felt," she said. "No matter how many people didn't understand or didn't believe me, now I wasn't alone."

Meyers said she found information and a community on the page. She met people like Angela Dese, a Marysville mother of three who underwent the Essure procedure in 2008 and, about six months later, felt her health decline rapidly. She began losing clumps of her hair, gained 75 pounds, got migraines for the first time in her life and suffered constant fatigue, anxiety and depression. "I felt like I was dying," Dese said.

And like Meyers, Dese said that when she finally figured out it was Essure caus-

ing her health problems, the idea gained little traction in the medical community. A string of doctors told her that whatever was going on with her had nothing to do with the birth control implants.

This is a huge problem that's not isolated to Essure, Novoa said. Even through the clinical trials, he said it was known there were some issues with Essure. For example, he said, the clinical trials showed that in 4 percent of cases, the inserts were expelled from or punctured the fallopian tubes. Yet, Novoa said, Essure offered doctors no protocol for dealing with such complications so they were left with a trial and error approach to treating women. Many, Novoa said, simply told patients they couldn't help and they needed to find another doctor.

Many doctors are operating with a dearth of information, Novoa said. Essure didn't even provide doctors with a full materials list initially, leading to some doctors implanting the devices in patients with known metal allergies. According to Novoa, this underscores other flaws with the FDA's system. First of all, he said most patients don't know to file complaints with the FDA if they're having adverse reactions to a medical device. Then, he said, you have doctors who are reticent to report problems due to liability concerns, fearing that if they acknowledge an adverse reaction it may lead to the determination that they made a mistake. What the FDA needs, Novoa said, is an anonymous problem reporting line for doctors and a clear and widely known way for patients to file



ANGELA DESE (LEFT) AND TAMARA MEYERS (RIGHT) STAND ON THE EUREKA BOARDWALK AFTER MEETING WITH LOCAL LEGISLATORS JIM WOODS' AND MIKE MCGUIRE'S STAFFS TO DISCUSS ESSURE. COURTESY OF TAMARA MEYERS

complaints. But neither exists.

"So you have women going from doctor to doctor to doctor, sometimes suffering daily pain ... just looking for someone to help them," he said, adding that doctors are overly reliant on the medical manufacturing companies for information about their devices. Novoa said the companies aren't always quick to acknowledge problems in the multi-billion-dollar industry.

In the case of Dese and Meyers, this meant the most accurate and reliable information they were getting was being disseminated by women in similar situations on Facebook.

Three pain-filled months after getting her Essure procedure, Meyers said she connected with a surgeon at University of California at Davis, who agreed that whatever was going on likely stemmed from the implants in her fallopian tubes. In November, Meyers had both her fallopian tubes removed in a double salpingectomy, the type of surgery she'd sought to avoid with Essure.

About 345,000 women

in the United States undergo a permanent birth control procedure every year and there is no perfect method. All have complications and side effects. As the Essure Problems Facebook page's membership eclipsed 10,000, fueled by media reports of complications across the nation, Bayer issued a statement.

"Patient safety is our top priority, and we have great sympathy for anyone who is experiencing pain, regardless of

the cause," the company said. "We have also read stories from women who are sharing their personal experiences with Essure. These stories, while compelling, are not representative of the hundreds of thousands of women who have relied on Essure since its FDA approval in 2002."

Further, the company said that most of the "side effects" being reported about Essure "are known and included in the Essure instructions for use information." The company's website currently includes chronic pelvic pain, implant migrations through the fallopian tubes, ectopic pregnancies and allergic reactions in its warning of long-term risks.

The FDA also released a statement in the face of the public backlash, similarly saying that many of the adverse reactions to Essure being reported are problems that were found during clinical trials and included in the device's labeling warnings. The FDA maintains that it has found no causal connection between Essure and other reported problems, including extreme fatigue, depression and weight gain.

In defending Essure, Bayer notes that it has sold more than 750,000 devices worldwide, which makes the number of reported problems seem small. But, asked how many of those have been sold in the United States, and how many of those have actually been implanted to date, Bayer spokeswoman Tara DiFlumeri said the company doesn't break down its numbers by country. Without that information, it's hard to put other information

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ON THE COVER

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— namely the 15,000 women telling horror stories on Facebook and the roughly 1,500 adverse events reported to the FDA — into context.

Both the FDA and Bayer fall back on the clinical trials, saying they have five years of data supporting the claim that Essure is safe. But one aspect of that trial has already been called into question by a Yale School of Medicine study, which calculated that 96 out of every 1,000 women implanted with Essure would get pregnant within 10 years, a deviation from the 99.8-percent efficacy rate trumpeted by Bayer — a stat that rates Essure about three times less effective than tubal ligation procedures. To explain the large discrepancy between studies, the Yale researchers said their study used a larger sample size and accounted for real world variation.

Spokespeople for Planned Parenthood Northern California were not immediately available to comment for this story. Bayer's website lists three local doctors as providing Essure implants. One no longer works in Humboldt County. Another was out of the office on vacation and could not be reached. Attempts to interview the third were unsuccessful.

The last year

has been a whirlwind for Meyers. Despite having had her fallopian tubes removed, her symptoms have persisted. So, finally, in June of last year she went in for a full hysterectomy. After the surgery, a pathology report revealed she was suffering from endosalpingiosis, with fallopian tube tissue growing on the outside of her uterus.

"I cannot describe the level of outrage I felt," she said. But, Meyers explained, that outrage has fueled her desire to make a difference and spread the word. "Knowing what I know, I feel morally obligated to do something about it."

So she's been working on the Essure Problems California Facebook page daily, helping women answer their questions and connect with people who might be able to help them. And she and Dese have taken the fight offline, meeting with the staffs of senators Barbara Boxer and Dianne Feinstein, as well as local Congressman Jared Huffman and state representatives Sen. Mike McGuire and Assemblyman Jim Wood. She's also



IN THE AFTERMATH OF HER ESSURE PROCEDURE, TAMARA MEYERS FOUND THE ESSURE PROBLEMS FACEBOOK PAGE AND SAID IT'S BEEN HER MOST RELIABLE SOURCE OF INFORMATION. SHE NOW SPENDS HOURS DAILY ON THE PAGE, ANSWERING OTHER WOMEN'S QUESTIONS AND SHARING INFORMATION. PHOTO BY MARK MCKENNA

helping spread the word about a pair of petitions, one seeking to get Essure off the market and the other to repeal the Biomaterial Access Assurance Act of 1998.

Novoa also spends a couple of hours a day on the Facebook page answering questions and giving women advice. But Novoa said he also knows the game is rigged, and real change will only come with reform of the multi-billion-dollar machine that is the health care industry. Specifically, Novoa said the FDA needs to conduct independent audits of clinical trials instead of operating on the honor system (currently, the FDA simply allows device manufacturers to self-report trial results). Then, he said, there needs to be some sort of system that allows doctors

on the front lines to share information and discuss and report problems without exposing them to massive lawsuits. And, he said, patients need more information and informed consent needs to be more than a signature on a form — it needs to be a lengthy discussion of potential risks and rewards, problem protocols and how to report adverse reactions. Patients, he said, need to come first.

For Dese, who has been feeling healthier since a hysterectomy in 2012, Essure was life changing. Like Meyers, she said much of her world now circles around the Facebook page. "It went from really being a support group to a movement," she said, adding that she can't imagine her work ever being complete. If Essure is pulled from the



shelves, there's FDA reform to focus on.

Back in Eureka, Meyers is feeling healthier, for the most part, but still struggles. Earlier this year she went to the emergency room twice in a single week with intense pain and numbness, symptoms of the fibromyalgia she believes stems from her Essure implants. She smiled as she remembered how busy she used to be — following up shifts at Harper Motors by helping her dad reroof their home and taking the dog for walks. She said she misses that energetic person, but she's gone. Meyers doesn't think she'll come back.

But Meyers conceded that for all the loss that's stemmed from her decision to undergo the Essure procedure, she's gained some things, too. She laughed, remembering a moment of teenage angst in which she said she just wanted a movement to be a part of, something to protest and throw her life into changing. Be careful what you wish for, she said.

"Essure is the best and worst thing that's ever happened to me," she said, adding that the procedure has brought the best out of her in certain ways, leading her to find immense satisfaction in helping other people. "I wouldn't trade who I am today for who I was before Essure, but I also shouldn't have had to go through that."

She paused a moment, looking down at her coffee, reflecting.

"What can you do other than fight?" ●

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Kicking Gophers and Moles to the Curb

By Genevieve Schmidt

downanddirty@northcoastjournal.com

Whether you live in central Eureka or in the wild outskirts of Trinidad, gophers and moles can be found in just about any North Coast garden. While I would not recommend killing them, as they have as much right to the land as we do, after having hundreds of dollars of bulbs (true story) snarfed down by a hungry gopher or having your lawn ripped up by a mole in search of delicious grubs, you could be forgiven for hoping they might peacefully move on to that vacant lot down the street. What's a gardener to do?

First, identify your visitor

Is it a mole? A symmetrical, cone-shaped mound with some chunky clods of dirt and possibly an opening in the center is a good indication you have a mole. You also might see a raised ridge in the lawn, or a series of mounds along a curving line showing where they are traveling underground. If you have a mole, breathe a sigh of relief, because at least moles don't eat plants. They prefer to feast on insects, earthworms, and grubs, and are much easier to repel than gophers.

Or is it a gopher? Gopher mounds have a fan- or crescent-shaped mound surrounding a 2- to 3-inch diameter hole. As a gopher digs through the soil, it pushes the dirt to the surface at an angle, so you'll find those irregularly-shaped mounds of soil surrounding each hole. The hole is usually plugged once the gopher finishes eating vegetation in the surrounding area.

Develop your approach

A lot of people are so annoyed by gophers and moles that they turn to using poisons, which are not only inhumane but can kill any cats or dogs who come across and eat the disoriented rodent. Or, they'll use an old-school trap which sends a spear through the center of your gopher or mole. That gives me the willies just thinking about it and is not the approach I want to take in the garden.

However, using more natural methods requires patience and a little bit of Zen. Some amount of coexistence isn't necessarily a bad thing; they are cute in

their way, and they do aerate your soil. The main idea is to make your lawn and landscape the least comfortable place on the block so they'll go elsewhere. There isn't one organic technique that is the magic bullet, and for that matter, poisons and traps require consistent use, as well. Rather than expect a one-and-done solution, choose a few techniques to use in concert with one another to chase them out and discourage new tunneling rodents from taking up residence.

How to Deal with Moles

Flatten the tunnels and hope they dig deeper next time. Since moles aren't actually causing anything but aesthetic damage, I personally find them a lot easier to live with than gophers. If they are driving you nuts leaving raised tunnels and holes all over your lawn, just squash the tunnels flat with your foot. The moles will just come back, of course, but some people say that if you keep up with it, they will start digging their tunnels a little deeper as time goes on. Just keep a little bit of inexpensive grass seed on hand and scatter it on any disturbed areas of soil over your lawn.

Remove their juiciest food source. A lawn studded with plump, succulent grubs is an ideal fine-dining situation for your local moles, and if your lawn has an excess of grubs, you can take care of this pest problem at the same time as you send your moles packing. Milky spore bacteria is a natural biological treatment which infests grubs and kills them. Because it is a targeted biological treatment, it won't harm any moles who eat the grubs or the beneficial insects in your garden, but by reducing the grub population, you may make your neighbor's yard look tastier than your own.

Use a sonic vibration device. These small battery or solar-operated devices emit a periodic sound that humans don't generally notice, but is said to irritate both moles and gophers. Though it won't chase them out of your garden by itself, it certainly helps make your plot a less appealing place to set up shop.

Spread castor oil granules. Granulated castor oil doesn't harm moles in



CUTE?
PHOTO BY GENEVIEVE SCHMIDT



A FRIEND OF THE AUTHOR
GOPHER-PROOFS A VEGETABLE
GARDEN BED.
PHOTO BY GENEVIEVE SCHMIDT

any way, but when applied to the lawn (or landscape) using a broadcast spreader, it releases a scent that both moles and gophers dislike. If you have a large space, you can direct moles to the nearest exit by treating one third of your lawn, waiting a few hours for them to move along, treating the second third of the lawn and again waiting, then treat the final third of your lawn at the end of the day. If done in concert with removing their food source and using sonic vibration devices, you can expect a dramatic reduction in tunneling visitors.

How to Deal with Gophers

Both the sonic vibration devices and the castor oil granules mentioned above also irritate gophers, so consider those as the first techniques in your arsenal.

Line your vegetable bed with hardware cloth. Hardware cloth is a tiny wire mesh much smaller than chicken wire, which gophers can't fit through. Dig down about 12 inches, carefully unroll the wire, bending it up about 8 inches on every side, and use a profusion of staples to thoroughly pin it to the wooden walls of your raised bed so that no gopher can get through from below. Then you can pile your soil over the top and garden in peace. Though gophers can climb over the top of a vegetable bed, in my experience they generally don't, unless your vegetable bed is low to the ground and set within a lawn.

Encourage a little natural selection. Because gophers frequently come to the surface to nibble vegetation, they are easy prey for a hawk with a good line-of-sight place to stand. If you have a big enough landscape to leave any dead trees (or "snags") to naturally decompose, they provide the perfect hunting spot for a hawk. They love to perch on the top and survey their territory for any delicious rodents to eat.

Stink up the joint with Alliums. Pretty much anything in the onion and garlic family smells disgusting to gophers, and though most of them aren't really practical plants to landscape with, you could certainly plant ample quantities of onions, garlic and leeks around your edible plants. Chives and a plant called society garlic (*Tulbaghia violacea*) are both attractive plants with lilac-colored flowers which can be used in garden beds around any plants which seem unusually susceptible (like dahlias, *Phormiums* and mallows).

Donate your gophers to a local field. Catch-and-release traps are a decent solution for stubborn gophers, but they take quite a bit more energy on your part. It's best to set the traps as close to dawn as possible, and, because gophers will rightfully freak out once trapped, you'll need to do it on a day when you are home and can check the traps frequently. Then, when you're releasing the gopher into a wild area, you'll need to use a great deal of caution to make sure you don't get bitten. I don't think gophers feel any great sense of gratitude towards you after being stuck in a trap.

Use gopher baskets with caution. Gopher baskets are commercially available baskets made of something akin to chicken wire which you can plant in to keep your plant safe. However, this is only a good solution for bulbs or flowering perennials, because woody shrubs, even something as small as a rose, can become root bound and develop a twisted root system which eventually leads to death.

For a detailed monthly to-do list, visit www.northcoastjournal.com/GardenTodo.

Genevieve Schmidt is a landscape designer and owns a fine landscape maintenance company in Arcata. Visit her on the web at www.GenevieveSchmidtDesign.com.

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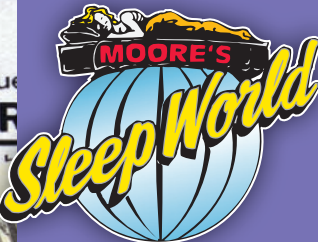
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Mama Stew

Comfort food for friends with kids

By Linda Stansberry

tabletalk@northcoastjournal.com

The summer of youth is full of unappreciated freedom and spontaneity — road trips, river days, talking for hours with your friends in the back yard as cicadas sing. And then the babies arrive like the start of a rainy season, first with the gentle pitter-patter as a few young couples become young parents, then a deluge. At a certain point in your life, almost every conversation you have will be about ovulation, gestation, dilation, lactation and nocturnal frustration. Well-rested and dry-breasted, but with a full docket of baby-havers on my social

calendar — two pregnant, three nursing — I decided to lean in. I decided to make some Mama Stew.

I hit upon this beef stew as my go-to offering for new and expecting parents because it's the dish my own mother cooks for me whenever I've been away from home too long. Spring break from college, the bitter end of a bad relationship, returning with henna covered hands from New Delhi — the smell of the stew simmering on the wood stove never fails to make my heart lift. With thick chunks of tender beef, carrots, potatoes and onions bobbing in thick gravy



MORE, PLEASE.

THINKSTOCK

under downy white dumplings, this stew is rich and wholesome and nourishing: the embodiment of parental love.

I set aside a Saturday night (another casualty of the baby season, lots of free weekends, but no matter) and got to chopping. I subbed out the dumplings in favor of the pleasure of baking my own bread. In retrospect, I went a little overboard. It was well past midnight when I hung up my stained and flour-dusty apron and fell into bed. But at least I got a night of uninterrupted sleep before getting up, pouring the Mama Stew into five different receptacles and beginning my rounds. To all of the non-parents out there hovering on the periphery of the baby typhoon, wondering whether or not to wade in with a wet wipe in hand, I whole-heartedly recommend a full Sunday spent patting pregnant bellies and dawdling new infants.

The stew and bread were duly appreciated, and I returned home to my messy kitchen with a warmer heart, my love for my friends magnified by witnessing their transformations, both physical and emotional. It was rewarding to have taken part. But when I tasted the leftover stew, it tasted a little bit ... off. Not bad (and there were no complaints) but as though it were missing some essential component. Maybe it was because the water wasn't from our family spring, or the wood cookstove at home lends it something my own gas range can't, or maybe it was just missing my own mother's love. Yeah, I love my friends, but there was more than a smidgeon of spinstery smugness sprinkled

into this particular batch of stew. Next time I'll leave that out. But first, I think I need to make a trip home.

Mama Stew

Serves 6-8

Ingredients and method:

2 ½ pounds beef chuck, cubed
2 cups flour
1 tablespoon olive oil
1 ¼ pounds red potatoes, cubed
4 medium carrots, cut into 2-inch pieces
2 onions, quartered
1 pinch of sage
garlic powder
salt
pepper
1 bay leaf

Shake the beef in a plastic bag with flour until it's coated. Heat the oil in stewpot and brown the meat. Add enough water to cover the meat by about two inches. Bring the pot to a boil, reduce the heat to a simmer and cook covered until beef comes apart under your fork. Add the vegetables, bay leaf and spices to taste. Cook the stew until the vegetables are tender. If the gravy is thin, stir in a couple of tablespoons of flour mixed with twice as much water and simmer a bit more. The gravy will thicken over time as it cools. It's equally good cold and as leftovers.

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Porcelain Reborn

CR's group show honors the porcelain city

By Ken Weiderman

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Lacey mist clings to the forested watersheds that circle the city of Jingdezhen. Spindly smokestacks puncture the skyline like branch-less trees, competing with modern high-rise apartments. Sports cars speed past endless shops filled with vases, bowls, cups, teapots, Buddha sculptures and any other shape that can be made from clay.

Jingdezhen, like most cities in China, is rapidly transforming into a 21st century metropolis, but its reputation was forged a millennium ago. Jingdezhen is the birthplace of porcelain and has helped define an entire nation with the perfection of its ceramics. For nearly a thousand years, Chinese potters cornered the market with pristine white vessels that spanned the globe through maritime trade and Silk Road excursions. European kings spent fortunes attempting to replicate Jingdezhen's treasures. To this day the city still holds worldwide dominance in the field.

Geographic luck has played a big role in Jingdezhen's ceramic prominence. Pure white kaolin, the primary ingredient in porcelain, is abundant in the area. Plentiful forests and coal deposits provided fuel for ancient kilns. Major rivers such as the Yangtze allowed for easy import of raw materials and export of finished goods. Up, down, left or right, porcelain coats the city from shops to street lamps to traffic lights, wall decorations and even garbage cans. Jingdezhen Ceramic Institute, the town's university, protects and promotes the vast trove of ceramic knowledge inherent to this place.

Naturally, such a wealth of ceramic history has attracted clay enthusiasts from across the globe (I visited the city a decade ago). Shannon Sullivan, an art professor at College of the Redwoods, recently spent about a month there. During her residency at the Pottery Workshop, a contemporary-arts focused institute located in the historic Sculpture Factory, Sullivan challenged herself to work with the unique qualities of Jingdezhen porcelain and embrace the division of labor that has made the porcelain city so successful.

"You can easily visit Jingdezhen as an artist or designer and think like a project manager," she says. Each step of the production process has been refined to the point where throwers, trimmers, mold makers, glazers and kiln experts focus exclusively on one area of expertise. It's amazing, Sullivan says, "how good you can get at something when you share the labor so you don't have to be really good at every little facet of your process." In a city of 1.5 million, "it's a very efficient way to use people power."

Sullivan found herself contracting out certain parts of the creative process so she could spend her limited time wisely. While master mold makers and casters generated parts she would later assemble, Sullivan studied relief carving, ceramic decals and celadon glazes. "Having that opportunity for me was pretty interesting because I had never shared the labor before," she recalls. Indeed, the idea of shared labor is integral to the workflow in Jingdezhen, but foreign in the minds of American potters. As she pulled new pieces from public kilns, Sullivan appreciated the efficiency of the process, noting that "you can get a lot of

YIXING LIN'S
PORCELAIN VESSEL
IS SOMETHING
BETWEEN AN
EGGSHELL AND A
FLOWER.
PHOTOS COURTESY
OF COLLEGE OF THE
REDWOODS.



work done that way."

As part of CR's "Portugal Award," which honors outstanding faculty in memory of the university's first president, Sullivan assembled an exhibition that brings a slice of Jingdezhen's fine art world back to the North Coast. In a city of deeply ingrained, mass-industrialized pottery production, Jingdezhen has only just recently begun to spread its fine art wings. With works from across the globe, *Post China: A Ceramic Journey* features wares by more than 30 artists that were either produced in or inspired by time spent in Jingdezhen. The diversity of techniques, concepts and forms is stunning when you consider that they all began as lumps of shapeless, white clay.

For example, Yixing Lin's delicate vessels exemplify the materiality of Jingdezhen porcelain. A native to the city, Lin's petal-thin and slightly cupped forms "celebrate the whiteness of the porcelain and the juicy viscosity of the celadon glaze," according to Sullivan. Under bright gallery lights, their candy-colored interiors tint a satiny exterior of brilliant white unglazed clay. Recalling bone china teacups, the elusive shapes pull curious comparisons to tulips or aquatic creatures. Thin yet strong, smooth yet coarse, Lin's pieces exalt porcelain's celebrated aesthetic through quiet contradictions.

Across the room and hung on the wall, Christa Assad's piece takes a more traditional approach. About 10 inches wide, her thrown shallow bowl is slightly altered with six hexagonal points darting its rim. Cobalt decals collected in Jingdezhen are collaged across the face of the piece, smeared and blotted, fussy yet sophisticated. Heavy, angled iron stains fasten hard to the surface, dripping like steel upon silk. The root motif in Assad's decals are no mistake; like DNA strands, the shapes reference her work's historic lineage while their broken blue hints at a new future for ceramic art.

Thousands of years of tradition and culture permeate Jingdezhen's porcelain. Given clay's utilitarian basis and Jingdezhen's mass-market economy, it's refreshing to see one-of-a-kind works emerge from under such heavy history. In *Post China*, Sullivan has done more than gather like-minded ceramic artists. The show celebrates the medium, parades its diversity and underscores a growing, creative movement in porcelain's home town.

Post China is at at CR's Creative Arts Gallery gallery through March 27. Visit northcoastjournal.com to find links to videos, more photos and pictures of Jingdezhen on CR's website. ●

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SHAWN GRIGGS' PAINTINGS AT THE MORRIS GRAVES MUSEUM OF ART SPEAK TO HIS "INFATUATION" WITH THE NORTH COAST'S BEAUTY. PHOTO COURTESY OF THE ARTIST

1. **EUREKA INN** 518 Seventh St. Dance showcase in lobby, live music in Palm Lounge.
2. **HUMBOLDT ARTS COUNCIL** at the Morris Graves Museum of Art 636 F St. **Performance Rotunda:** Music by Good Company. **William Thonson Gallery:** "Inner Worlds, Outer Worlds, and Points in Between," Shawn Griggs. **Knight Gallery:** "Finding Your Place," Katherine Meyer. **Anderson Gallery:** "Notations on the Great Highway," Natalie Craig. **Youth Gallery:** Zane Middle School, 6th-8th grade students. **Homer Balabanis Gallery & Humboldt Artist Gallery:** Humboldt County artists, watercolors, and Steve Porter, live watercolor paintings.
3. **EUREKA THEATER** 612 F St. Celebrating its 76th anniversary with *Gone With the Wind* at 5:30 p.m. 35 cents adults, 10 cents for kids 12 and under.
4. **REDWOOD ART ASSOCIATION** 603 F St. "Elements: Earth, Wind, Fire." Upstairs gallery 1: Pat Kanzler, oils, acrylics and pen and ink.
6. **EBERT CAPITAL MANAGEMENT, INC.** 530 F St. Ned Simmons, artwork. Live music tbd.
- 6a. **DALIANES WORLD TRAVEL SERVICES** 522 F St. "Support our Girls," fundraiser for Humboldt Breast and GYN Health Project.
7. **F ST. FOTO GALLERY** at Swanlund's Camera 527 F St. "Impressions & Perceptions," Arcata Arts Institute photography students.

- 7a. **THE LOCAL** 517 F St. "Trifecta," Joseph Sandoval, photography.
- 7b. **REDWOOD MUSIC MART** 511 F St. Music by Ryan Bridwell.
- 8a. **EUREKA STUDIO ARTS** 526 Fifth St. Andrew Daniel, figure painting demonstration, Kathy O'Leary, plein air paintings.
9. **THE EMPIRE** 712 Fifth St. "Living Fern Sculptures," Cody Wandel, botanical exposition.
11. **BOLLYWOOD INDIAN CUISINE** 535 Fifth St. Belly dancers and music.
- 11a. **ROSE'S BILLIARDS** 535 Fifth St. Raffles and drawings. Music by Mark Hayes.
12. **HUMBOLDT REPUBLIC** 535 Fourth St. Classic Humboldt Republic artwork on canvas.
13. **SEWELL GALLERY FINE ART** 423 F St. "Out of Bounds," Georgia Long, new mixed media, Gary Bloomfield, wildlife illustrations. Music by Lisa Baney. Beverage service benefits Redwood Coast Music Festivals.
- 13a. **NORTH COAST DANCE** 426 F St. Vignettes from *Cinderella*, *Swan Lake* and a performance of the Can Can.
- 13b. **BLACK LIGHTNING MOTORCYCLE CAFÉ** 404 F St. Artist and live music tba.
- 14a. **SIDEWALK GALLERY** at Ellis Art and Engineering, 401 Fifth St. "Meta-physical show," Shannon Korb.

15. **AMIGAS BURRITOS** 317 Fifth St. Katherine Zierner and Vince Cavataio, photography.
16. **PRIMATE TATU** 139 Fifth St. "Old School Art," Michael Arneson.
17. **KINETIC MUSEUM** 110 Third St. Screening historic race footage. Music by Sultan of Smudge. In the Champagne Alley, behind 110 Third St.
18. **CHERI BLACKERBY GALLERY and THE STUDIO** 272 C St. "Wings Over Water," Ardi Areson, Chris Johnson, Elizabeth Kordes and Bill Rubenack.
- 18a. **C STREET STUDIOS & HALL GALLERY** 208 C St. Studio artists show.
- 18c. **SAILOR'S GRAVE TATTOO** 138 Second St. Tattoo related art, antiques and memorabilia.
19. **SWEET SEA STUDIO**, 129 Second St. Digital photography.
- 19a. **GALLAGHER'S IRISH PUB** 139 Second St. Ron Thompson, oil paintings.
20. **BAR FLY PUB AND GRUB** 91 Commercial St. Kathleen Bryson's private collection. Music by DJ Pressure Anya Productions.
21. **STEVE AND DAVE'S** First and C Streets. Marni Schneider, photography.
- 21a. **REDWOOD CURTAIN THEATRE** 220 First St. Augustus Clark, acrylic paintings. Please note: shortened Arts Alive hours due to *The Velocity of Autumn* at 8 p.m.
22. **CHAPALA CAFE** 201 Second St. Kylan Luken, photography.
- 22a. **C.L. LEATHERS** 215 Second St. Music by Joe Garceau, serving Royal Bavarian Brazen pretzels.
- 22b. **GOOD RELATIONS** 223 Second St. Rachel Robinson, oil paintings, and Va Va Voom window performance.
23. **HUMBOLDT HERBALS** 300 Second St. "Paintings by Jeff Stanley," acrylic and open acrylic on canvas and wood. Music by Jon Parmentier.
24. **THE SIREN'S SONG TAVERN at ROMANO GABRIEL SCULPTURE GARDEN** 325 Second St., Suite 102 "Silent Cinema," Willy Wonka and the Chocolate Factory with live DJs. \$10 for headphones to watch the outdoor movie with sound beginning at 8 p.m.
- 24a. **BRENDA TUXFORD GALLERY** 325 Second St. "Inspiring Girls," women and girls of North Star Quest Camp.
- 24b. **HERE & THERE** 339 Second St. Andrew Daniel, acrylics.
- 25a. **CLARKE HISTORICAL MUSEUM** 240 E St. "A Scottish Syndicate in the Redwoods," Marvin Shepherd, book signing.
- 25b. **CALIFORNIA MENTOR** 317 Third St. Reuben Mayes, Iris Smith, Jerry Spaulding.
- 25c. **HUMBOLDT MEDIATION SERVICES** 317 Third St., Suite 8. Brandy Mayers, photography, "Places and Faces of Love and Peace," Beverly Prosser, quilt.
27. **CAFÉ NOONER** 409 Opera Alley Doug Freie, paintings. Music by John Myers and Jim Silva.
28. **RAMONE'S** 209 E St. Art by Jim. Music by Topaz.
29. **BOOKLEGGER** 402 Second St. "Tonglen for Our Own Suffering," Swami Girijananda, book signing.
30. **TRUCHAS GALLERY/LOS BAGELS** 403 Second St. Jesse Pearson, mixed media.
31. **NORTHCOAST KNITTERY** 407 Second St. Great Adirondack Yarns.
- 32a. **OLD TOWN ART GALLERY** 417 Second St. Howard Rutherford, featured artist.
33. **CORNUCOPIA** 425 Snug Alley. Music by Rabbi Les Scharnberg.
- 33b. **NEW AMERICAN FUND** 108 F St. Eve Miller, glass installation works.
34. **HSU FIRST STREET GALLERY** 422 First St. "Chicanitas: Small Paintings from the Cheech Marin Collection," and "The Royal Chicano Air Force: Arte Para la Raza," Curated by Phil Hitchcock.
35. **BAYFRONT RESTAURANT** 1 F St. Plaza. Richard Duning, paintings.



"BIRD SONG," A CERAMIC MOSAIC ON WOOD BY ARDI ARESON IS AT THE CHERI BLACKERBY GALLERY AS PART OF THE WINGS OVER WATER SHOW. PHOTO COURTESY OF THE CHERI BLACKERBY GALLERY



GEORGIA LONG'S OUT OF BOUNDS SHOW AT SEWELL GALLERY FEATURES WORKS OF OIL AND ENAMEL PAINT, WOOD, METALS, TEXTILES AND LEATHER. PHOTO COURTESY OF SEWELL GALLERY

36. **LIVING THE DREAM ICE CREAM** 1 F St.
Army King, photography.
37. **STRICTLY FOR THE BIRDS** 123 F St. "The art of nature," Louise Bacon-Ogden, paintings.
- 37a. **LINEN CLOSET** 127 F St. Patti Lohr, jewelry.
38. **EUREKA FABRICS** 414 Second St.
Pat Durbin, quilt art.
- 39b. **GEMINI VINTIQUES** 420 Second St. Dee Quier and Janeen Lindstrom, upcycle artists. Music by Howdy Emerson.
- 40a. **COCO CUVÉE Inside Riverbend Cellars** 434 Second St. Rob Hampson, abstracts.
41. **ALIROSE** 229 F St. Susan Strobe, paintings.
- 41a. **THE WINE SPOT** 234 F St.
Frank Speck, acrylic classic cars on canvas.
42. **OLD TOWN JEWELERS** 311 F St.
"Pet Portraits," Leslie Allen.
43. **AMERICAN INDIAN ART GALLERY** 233 F St.
Dawn Woodman.
44. **HUMBOLDT BAY COFFEE** 526 Opera Alley.
Angela Armijo, paintings. Music by Kenny Ray and the Mighty Rovers.
46. **FUNK SHUI** 213 F St. Rosalie (Savage) Thomson, portraits and oil paintings.
- 46a. **OLD TOWN COFFEE and CHOCOLATES** 211 F St. Music by Jenny & David & The Sweet Soul Band. Music by Funk Blues & Soul Band.
47. **OLD TOWN ANTIQUE LIGHTING** Second and F streets. Nine local artists, oil and watercolor paintings.
48. **IF: Inspired Interiors** 514 Second St. Music by one of Judy Phillips' harpist students, at 7:30 p.m.
50. **WOLF DAWG** 525 Second St.
Natalya Burke, landscape paintings.
51. **ORIGIN DESIGN LAB** 621 Third St. "Upcycle 2015," by young makers who are learning to design and create their own wearable items.
53. **ORANGE CUP CORAL SALON** 612 Second St.
Rob Hampson, oils. Music by Fickle Hill.
54. **CIA (Center for Insane Artist) GALLERY** 618 Second St. (above the Art Center Frame Shop)
"Insane Art Show," David Orchard and Janarie Fisher Ricchio, Marnie Cooper, Jeremy Farrell, Jose Nunez and Blake Reagan.

- 54a. **PIANTE** 620 Second St. Lauris Phillips, sumi painting and watercolors, Willa Briggs, mixed medium monoprints, Joan Katri, paintings.
55. **SMUG'S PIZZA** 626 Second St.
Brandon Garland, pen and ink.
- 55a. **LOTUS STUDIO** 630 Second St. Various Humboldt artists, paintings and ceramics.

Fortuna's First Friday March 6, 5-8 p.m.

The Fortuna Downtown Business Association invites you to a fun-filled night of art, music, refreshments and merchant specials on the first Friday of every month. March is the last month to enter to win \$75 in Fortuna Bucks, plus \$25 in gift certificates, by picking up a "Passport to Downtown" at a participating business and getting it stamped at 10 more shops.

- BARKY DOGZ BATHHOUSE** 1041 Main St.
Stacey Bigley, handcrafted pet products.
- CORNERSTONE REALTY** 1131 Main St.
Michelle Ferguson, paintings.
- HOPPY'S FROYO** 1151 Main St. Ambrosini School student artists, Mrs. Brown's class.
- MAIN STREET ART GALLERY & SCHOOL** 1006 Main St. "The Blacklight Gallery," by Robb Rierdan, and gallery art by multiple artists.
- MARIAN'S BEAUTY SALON** 741 11th St.
Ashley Bones, jewelry.

- RAIN ALL DAY BOOKS** 1136 Main St.
Fortuna Art Council artist.
- STREHL'S FAMILY SHOES & REPAIR** 1155 Main St. Bobbi Bennetzen, oils, pastels and watercolors, and Ambrosini School "Bumblebees" selling honey soap with proceeds going towards the purchase of beehives for families in Central America.
- TACO LOCO** 955 Main St.
Richard Leamon, paintings.
- THE HUMBOLDT CORNER** 899 Main St.
Jed Stoll, glassblowing demonstration.

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Seasons of Life

The Velocity of Autumn at Redwood Curtain Theatre

By Kate Haley

frontrow@northcoastjournal.com

Among the many frustrating contradictions in life, perhaps one of the greatest is that we spend our lives working only to find that, no matter our efforts or desires, we will ultimately lose ourselves someday. Even when our lives are filled with something we love — be it writing, or running, or being on stage — we pursue that craft knowing that there will come a time when our bodies say, “Nope, I’m done.” For most, that moment happens long before the desire wanes. The loss of agency and ability as we grow older is rightfully rage-inducing. And while aging is one of few truly universal experiences, we are provided very little cultural scripting on how to talk to about it. As a result, the topic is often ignored, euphemized, dealt with in hushed tones and behind closed doors. We are left feeling alone to process challenging questions and frustrating changes, and it is a welcome gift when we encounter a story that makes us realize our trials are in fact shared.

In *The Velocity of Autumn*, playwright Eric Coble provides a comedic window into one family’s journey, which is both wild and wildly relatable. The action doesn’t take time to warm up, jumping right into the conflict as 80-year-old Alexandra sits barricaded in her brownstone as her son Chris breaks in through the window. Returning home for the first time in 20 years, he has been tasked by his

siblings with the responsibility of talking their mother out of blowing up the block with the Molotov cocktails she’s assembled. As mother and son get reacquainted, negotiating with the rest of the family by phone, they explore issues of identity and agency and gain understanding of both themselves and each other. Presented without an intermission, the story unfolds in just over an hour and a half, leaving neither actors nor audience much time to catch their breath.

The story calls for high energy and a frenetic pace, with both characters, Alexandra and Chris (played by Bonnie Mesinger and Gary Bowman), on the brink as they deal with outrageous circumstances. From the outset, the stakes are high; after all, Alexandra has armed herself with dozens of handmade explosives and is committed to going down fighting. It requires a strong investment and level of confidence from the performers, especially with a cast of two. At times this falls flat and it’s hard to know if this is down to pacing or simply a product of first-night jitters. The set is very open, but much of the activity plays out center stage. It would be nice to see the actors use more of the space. The script is a roller coaster ride, and the energy onstage doesn’t quite manage to always reach the highs and lows. While the dialogue sometimes feels offbeat, each character has powerful moments of monologue. Chris has an

especially revealing and intense moment when he finally reveals some of his own motivations, and Alexandra engages as she discusses her youth. Despite the challenges, the production overall is moving and funny. Audience members will likely see themselves and their own families in the characters on stage.

Kristin Mack directs and also provides the sound design. The set and lighting are designed by Liz Uhazy. *The Velocity of Autumn* continues its run through **March 21** with performances **Thursday through Saturday at 8 p.m.** There will be an additional Sunday matinee on **March 15 at 2 p.m.** Tickets are \$15 with special Thurs. \$10 pricing. For more information call 443-7688.

Upcoming:

The Good Body by Eve Ensler (author of *The Vagina Monologues*) opens this week with performances in a number of locations. The show, which deals with the ways body image effects women’s lives, plays **March 6 and 7 at 7 p.m.** at the Studio Theatre at Humboldt State University. Tickets are \$12. For more information, visit www.facebook.com/thegoodbodyhumboldt.

Fiddler on the Roof opens at Ferndale Repertory Theatre on **March 20**. This classic musical story of family and community runs **through April 12**. For more information call 786-5483. ●

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WHO: John Craigie Trio
WHEN: Thursday, March 5 at 8 p.m.

WHERE: Arcata Playhouse
TICKETS: \$15, \$12 advance

PHOTO
COURTESY OF
THE ARTIST

Meditate on This

Empty your mind, fill your soul

By Jennifer Savage

thesetlist@northcoastjournal.com

Sometimes I wonder about things. The sort of questions many of us ask ourselves: What am I doing here? Where am I going? Will people take care of me when I'm old? Why do I care so much whether or not people go see live music? That latter one especially.

One reason is that, much like organic food or independent movies, if there's not a demand for quality, Humboldt's overall scene will suffer. Those of us who appreciate live music as an entertainment option know we must make it not only worth a musician's while to stop in our fair county, but for the promoters and venues as well. The other reason lacks distinct definition and has more to do with matters of the heart — something about the power a song can have, the catharsis of live performance.

You feel sluggish and reach for your favorite powerhouse playlist and five minutes later are rocking around the house like Vincent Vega powerslammed adrenaline straight into your heart. Or your heart aches for lost love or from loneliness and you play some sad songs that make you cry and cry until suddenly through your tears the pain has evaporated. Or maybe Monday has you in its grip and you feel all hope for the week is already lost and then that song you loved so much in high school plays over the Co-op speakers while you're desperately trying to remember what you were supposed to buy for dinner and you smile, you can't help it, you're singing along in your head, because music makes you in

love with life and that is a precious thing.

Spotify, Pandora, your local radio stations, iTunes, your stack of CDs, your crates of albums, those are all fine options, but to tune in physically as well as mentally and emotionally, to get lost, absorbed in the world, no screens, just you and the musicians and the crowd, well, that is why I care, people. I am in love with life and music and you. Please, go be free.

All shows 21-and-over unless specified otherwise!

Thursday

I wrote something before about the marvelousness of **John Craigie** — he's a hell of a personable entertainer, true to the essence of folk music and one of the most original songwriters of the last hundred years. Craigie returns to the Arcata Playhouse in support of his new album *Working On My Farewell* (he promised he's not going anywhere, don't worry). **Anna Tivel** opens. Tickets are \$12 advance and for members, \$15 at the door. Show starts at 8 p.m. All ages!

Friday

If you drink whiskey, Eureka's **The Hill** is a good fit. If you don't, no worries — the outlaw country honkytonk sounds are intoxicating on their own. The band has this song, "Devil Helped Me," which reminds me of a Mojo Nixon tune, "Are You Drinking With Me, Jesus?" (most notably covered by The Beat Farmers, RIP Country Dick Montana) and that's a right fair compliment.

Sharing the bill is **The Mother**

Vines, an Arcata band that delivers a sexy psychedelic surf pop experience. I hope the Vines play "Faded" two-thirds the way through the set because it's a straight-up make-out song and I figure that's right about the time folks are either buzzed enough or infatuated enough (or both) to shed inhibitions. This gig's at the Jambalaya, \$5, 9 p.m.

MarchFourth — aka M4 — is an internationally-acclaimed, genre-breaking, unstoppable force. Immovable objects cease to exist in this sonic explosion. Featuring 20 musicians, exceptional music and a visual kaleidoscope of stilt walkers, "hoopers" and vaudeville-style dancers, M4 whips audiences into a celebratory frenzy with an over-the-top spectacle of high-energy compositions, colorful costumes, hilarious stage shenanigans and irresistible charisma. All this at Humboldt Brews, 9:30 p.m., \$20.

Indie fans take heart — and doubly skip a beat because this is an all-ages show — yes! Oakland darlings **Pookie and the Poodlez** show up with fellow Oaklandites **Cumstain**, plus A-townners **Let it Fever** and **51 Cards**, all at Blondie's and all for only \$5. Should be juicy, poppy and an overall raucous celebration of irreverence and excellent times.

Saturday

If you want to understand the difference between bluegrass and old-timey, well, I am still a bit unclear. I think it has something to do with the whomp and strum. (Please, someone explain to me again!) What I do know is that **John Reischman and the Jaybirds** are a top-flight band delivering old-time heritage and bluegrass power at the Arcata Playhouse. Also, Reischman is one of the premier mandolinists of our generation, capable of swinging between re-inventions of traditional tunes, deconstructions from

the bluegrass repertoire and compelling original tunes, many of which have become standards. Music starts at 8 p.m., doors at 7:30 p.m. Tickets are \$15 general and \$13 Folklife Society members.

Regular readers know I adore the melodic wonderfulness that is **Strix Vega**. Oh, sure, sometimes the band noodles off into weirdo space jams, but whatever — sometimes dreams take you odd places and I'll take the trio's brand of sonic reverie any time. The band's current descriptor is "psychedelic alt-folk," which is apt. See them at the Alibi with Arcata songstress **Nola Victrola**, better known as Moon Pine's elegantly haunting vocalist. Have your soul wrung out for a mere \$5. Music at 11 p.m.

Sunday

Legendary vocalist **Sheila Jordan** and bassist **Cameron Brown** elevate the Morris Graves Museum of Art to world class concert venue beginning at 8 p.m.

Jordan made her breakthrough with a beautifully melancholy version of "You Are My Sunshine" on George Russell's *The Outer View* in 1962. Soon after, Blue Note Records issued her debut album, *A Portrait of Sheila*. Jordan was the first female vocal recording on that iconic label — but because she was a working single mother, her career developed slowly, as evidenced by the fact that, in 1963, Jordan took the "Talent Deserving of Wider Recognition" category in the DownBeat Critics' Poll for what would be the first of a record *nine times*. Late in her career, the recognition finally broadened: In 2012 she was named an NEA Jazz Master, the nation's highest distinction for the art form. Advance tickets are \$15 general, \$10 students and seniors.

Jordan will also present a workshop, free and open to the public, at noon on Monday, March 9, in HSU's Music A, Room 131.

Wednesday

Jackie Green returns to Humboldt Brews on March 11, and if his sexy take on roots music wasn't enough, up-and-comer **Lauren Shera** opens. She's deep and dreamy and embodies the spirit of California folk that's as much Joan Didion as Joni Mitchell. Get in on this golden embrace. Music starts at 8 p.m., tickets are \$25 advance, \$27 at the door.

Etc.

Full show listings in the *Journal's* Music and More grid, the Eight Days a Week calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com. ●



WHO: John Reischman and the Jaybirds
WHEN: Saturday, March 7 at 8 p.m.
WHERE: Arcata Playhouse
TICKETS: \$15, \$13 members

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venue	thur 3/5	fri 3/6	sat 3/7	sun 3/8	m-t-w 3/9-11
THE ALIBI 822-3731 744 Ninth St., Arcata			Strix Vega and Nola Victrola (psych alt. folk) 11pm \$5		
ARCATA PLAYHOUSE 1251 Ninth St., 822-1575	John Craigie Trio & Anna Tivel (folk) 8pm \$15, \$12		John Reischman & the Jaybirds (bluegrass) 8pm \$15, \$13		
ARCATA THEATRE LOUNGE 1036 G St., 822-1220	Ocean Night ft. Nuclear Savage: The Islands of Secret Project 4:17pm \$3	The 24th Almost Annual Pun-Off 8pm \$17	HIFF Best of Fest 2014 7pm \$6, \$5	The Lego Movie (film) 6pm \$5, All Ages	[W] Sci-Fi Night ft. They Came From Beyond Space 6pm Free w/\$5 food/bev, All Ages
BIGFISH VAPOR LAB 672-5255 744 Ninth St., Arcata		Silent Techno 7 w/ Treemeista, Tron Jovi 10pm \$5			
BLONDIES 822-3453 420 E. California Ave., Arcata	Open Mic 7pm Free	Pookie & The Poodlez and Let it Fever 8:30pm \$5		Jazz Night 7pm Free	[M] Quiz Night 7pm Free [T] Human Expression Night 7pm Free [W] Beth Isbell, Stella Anguiano, et al. 7pm Free
BLUE LAKE CASINO WAVE LOUNGE 668-9770 777 Casino Way	Karaoke w/KJ Leonard 8pm Free	Brad Wilson (blues, rock) 9pm Free	Miracle Show (Grateful Dead tribute) 9pm Free	Karaoke w/KJ Leonard 8pm Free	
CENTRAL STATION 839-2015 1631 Central Ave., McKinleyville	Open Mic w/Jimi Jeff 8pm Free	Karaoke w/Rock Star 9pm Free	Buckshot Possum (porch metal) 9pm Free		
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 677-3611 27 Scenic Drive, Trinidad		Vintage Rock N' Soul (R&B, soul) 9pm Free	Backstreet (rock) 9pm Free	Karaoke w/Chris Clay 8pm Free	[T] Karaoke w/Chris Clay 8pm Free
CLAM BEACH INN 839-0545 4611 Central Ave., McKinleyville		Kindred Spirits (bluegrass) 10pm Free			
FLDDBROOK FAMILY MARKET 4636 Fieldbrook Road, Fieldbrook 839-0521		Redwood Ramblers (classic country) 7pm Free	Acoustic Night Saturdays TBA 6:30pm Free		
HUMBOLDT BREWS 826-2739 856 10th St., Arcata	Play Dead (Grateful Dead tribute) 9pm \$8	MarchFourth (jazz-funk-rock-fusion) 10pm \$20		Jackie Green (singer/songwriter), Lauren Shera opens 8pm \$25	[W] Marco Benevento (pianist) 9pm \$15
HUMBOLDT MACHINE WORKS AT ROBERT GOODMAN 937 10th St., Arcata, 826-WINE	Roots & Culture Reggae 9pm Free	Piet Dalmolen (solo guitar) 9pm Free	DJ Zordon 10pm Free		[W] Salsa! (lessons + dance) 9pm \$5
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata 826-3928	Van Duzer: Sherman Alexie (author) 7pm Free		West Gym: Rebelution (roots reggae) 9pm \$30, \$25		[M] Van Duzer: Hugh Masekela & Vusi Mahlasela (jazz, vocals) 8pm \$45, \$10
JAMBALAYA 822-4766 915 H St., Arcata	DJ House Music w/Kobe, Wrye, Isotope & more 9pm \$3, \$5 after 10pm	The Hill and The Mother Vines (surf/honky punk) 10pm \$5	Smells Like Teen Spirit (Nirvana tribute) 9pm SOLD OUT	DGS Sundaze (EDM DJs) 9pm \$5	[M] The GetDown 9pm \$5 [W] The Whomp (DJs) 9pm \$5

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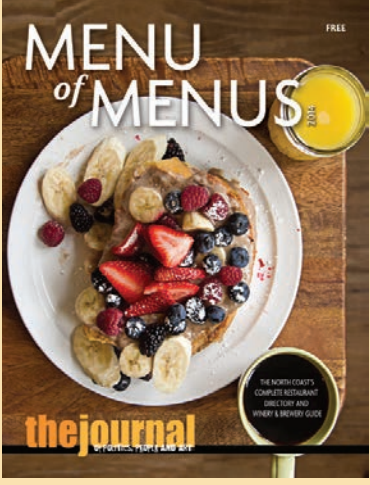
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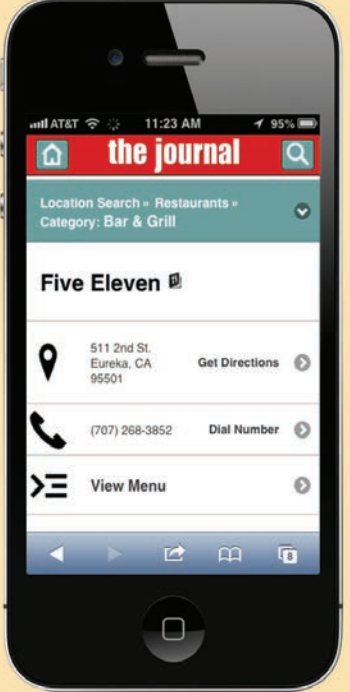
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LARRUPIN 822-4766 1658 Patricks Point Drive, Trinidad LIBATION 825-7596 761 Eighth St., Arcata	Claire Bent (jazz) 7pm Free	Blue Lotus Jazz 6pm Free Claire Bent (jazz) 7pm Free	No Covers (jazz duo) 7pm Free	Tim Randles (piano jazz) 6pm Free	[W] Aber Miller (jazz) 6pm Free [T] Buddy Reed (blues) 7pm Free
LIGHTHOUSE GRILL 677-0077 355 Main St., Trinidad LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake	Open Mic 8pm Free Blake Ritter (fiddle) 6pm Free	Motherlode (funk) 9pm Free No Covers (jazz duo) 6pm Free Open Mic w/Jeremy Bursich 7pm Free	The Hill (honkypunk) 9pm Free For Folk Sake (folk) 6pm Free	Tim Breed (singer/ songwriter) 5pm Free Potluck (food) 6pm Free	[W] Cribbage Tournament 7pm Free [T] SpinDrifters (Americana) 6pm Free [W] Piet Dalmolen (guitar) 6pm Free
MAD RIVER BREWERY 668-5680 101 Taylor Way, Blue Lake NORTHTOWN COFFEE 1603 G St., Arcata 633-6187					[M] Dancehall Mondayz w/Rudelion 8pm \$5 [M] Poets on the Plaza 8pm \$1
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad PLAZA VIEW ROOM Eighth and H streets, Arcata			Vinyl Night with DJ Wasko (punk, hardcore, metal) 7pm Free		
RAMPART SKATEPARK 700 South G St., Arcata 826-0675 REDWOOD CURTAIN BREW 550 South G St. #6, Arcata 826-7222	Compost Mountain Boys (bluegrass) 8pm Free Rudelion Sound (DJ) 10pm TBA		Aaron Kimball (acoustic) 8pm Free		
SIDELINES 822-0919 732 Ninth St., Arcata SILVER LINING 839-0304 3561 Boeing Ave., McKinleyville		DJ Music 10pm TBA Pat Holland (acoustic) 6pm Free The Overstimulators (blues comedy) 9pm Free	Sidelines Saturdays w/Rudelion 10pm TBA Good & Evil Twins Karaoke 8pm Free The Georgia Handshakers (laid-back rock) 9pm Free		[T] Good & Evil Twins Karaoke 8pm Free [M] Karaoke w/DJ Marv 8pm Free
SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville SUSHI SPOT 839-1222 1552 City Center Road, Mck.				Trivia Night 8pm Free	[M] Anemones of the State (jazz) 5pm Free [W] Reggae Wednesdayz w/Rudelion 10pm Free
TOBY & JACKS 822-4198 764 Ninth St., Arcata THE SANCTUARY 1301 J St., Arcata 822-0898		Hip-hop DJs 9pm Free Makeunder and Yassou Benedict (rock) 7:30pm \$5-\$20 sliding scale	DJ Music 10pm Free		

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LIVE ENTERTAINMENT GRID

EUREKA + SOUTH

◀ ARCATA + NORTH ON PREVIOUS PAGE

venue	thur 3/5	fri 3/6	sat 3/7	sun 3/8	m-t-w 3/9-11
BAR-FLY PUB 443-3770 91 Commercial St., Eureka		Bar-Fly Karaoke 9pm Free			[W] Bar-Fly Karaoke 9pm Free
BEAR RIVER CASINO 733-9644 11 Bear Paws Way, Loleta	Karaoke w/Chris Clay 8pm Free	Dr. Squid (dance) 9pm Free	NightHawk (rock) 9pm Free		
CALICO'S CAFE 923-2253 808 Redwood Dr., Garberville				Jen Tal and The HuZBand (acoustic) 6:30pm Free	
CHAPALA CAFÉ 443-9514 201 Second St., Eureka		The Tumbleweeds (cowboy) 6-8pm Free	The Tumbleweeds (cowboy) 6-8pm Free		
CURLEY'S FULL CIRCLE 786-9696 460 Main St., Ferndale					[W] Open Mic Night 7pm Free
EUREKA INN PALM LOUNGE 518 Seventh St. 497-6093	Dirty Thursdays (DJs) 9pm Free	Friday Night Mixology (DJ music) 9pm Free	The Hip Joint (jazzy funk) 9pm Donation		[M] Brian Post & Friends (jazz) 9pm Free [T] The Overstimulators (blues comedy) 8pm Free [W] Comedy Open Mikey 9pm Free
EUREKA THEATER 612 F St., 845-8795			Eureka Theater Birthday Marathon (classic movies) 1 pm-9pm \$0.35, \$0.10		
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 6:30pm Free	Pappa Paul (folk) 6pm Free	Chuck Mayville (folk, country) 6pm Free	Open Irish/Celtic Music Session 3pm-6pm Free	
JEFFERSON COMMUNITY CENTER 444-2988 1000 B St., Eureka			Cypher Saturday w/2 Tone, Johnnee Angell and more (hip-hop) 1pm-5pm \$5		
LIL' RED LION 444-1344 1506 Fifth St., Eureka			Karaoke w/DJ Will 9pm Free		
MORRIS GRAVES MUSEUM OF ART 636 F St., Eureka 442-0278			Good Company (Celtic) 6pm Free	Sheila Jordan with Cameron Brown (jazz) 8pm \$15, \$10	
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600			Jenni & David and the Sweet Soul Band (Funk, blues, soul) 6:30pm Free		[W] Open Mic w/Mike Anderson 7pm Free

LIVE ENTERTAINMENT & EVENTS

FRIDAYS & SATURDAYS | 9PM - 1AM
FEATURED LIVE MUSIC

THURSDAYS | 8PM
KARAOKE WITH CHRIS CLAY

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3.6 DR. SQUID
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3.7 NIGHTHAWK
Pop/Rock/Dance Hits

3.13 HUNTER & THE DIRTY JACKS
Retro Rock & Soul

3.14 JENNI AND DAVID
& THE SWEET SOUL BAND
Blues

3.20 VINTAGE ROCK 'N SOUL
Rock/R&B Variety

3.21 THE ROADMASTERS
Classic Country

3.27 BLUE RHYTHM REVUE
Blues

3.28 DOUG FIR AND THE 2X4'S
Classic Rock

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venue	thur 3/5	fri 3/6	sat 3/7	sun 3/8	m-t-w 3/9-11
PEARL LOUNGE 444-2017 507 Second St., Eureka		Rudelion (Reggae, hip-hop) 10pm Free	JSun (DJ music) 10pm Free		[W] Pints, Pizza & Picture Show 5:30pm Free
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778	The Accident Lab w/Vanessa Pike-Vrtiak (spoken word) 7pm Free				
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244		The Eureka Pizza Council (jazz) 8:30pm Free	Buddy Reed and the Rip It Ups (blues) 10pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] No Covers and USGGO (jazz) 7pm Free
SPRINGVILLE STEAK 725-3700 320 Main St., Fortuna		Anna Hamilton (blues comedy) 6pm Free			
THE WINE SPOT 497-6236 234 F St., Eureka			Michael Dayvid (alt. folk) 7pm Free		

WHO:
Lauren Shera

WHEN:
Wednesday, March 11
at 8 p.m.

WHERE:
Humboldt Brews

TICKETS:
\$27, \$25 advance

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What's better than a meandering Sunday drive in Ferndale? How about a meandering Sunday run in Ferndale? On **March 8**, racers take off at noon for 4-mile and 10-mile jaunts around Cream City with a 2-mile fun run/walk starting at 2 p.m. (\$30, \$20).

The Foggy Bottom Milk Run — it does a body good.



In April, the Humboldt International Film Festival opens in Arcata. For those of you champing at the bit, the **Arcata Theatre Lounge** presents the **HIFF Best of Fest 2014** on **Saturday, March 7 at 7 p.m. (\$5)**. Two thumbs up.

The **Almost Annual Pun-off** returns to the **Arcata Theatre Lounge Friday, March 6 at 8 p.m. (\$17)**. This fundraiser for Making Headway pits punster against punster for the coveted jar of Pepto Dismal. Get ready to laugh — unless you're homophobic.



Calendar

8 DAYS A WEEK

5 thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. \$5. 442-0309.

LECTURE

Sherman Alexie at CR. 1 p.m. College of the Redwoods Theatre, 7351 Tompkins Hill Road, Eureka. Author of the CR/HSU Book of the Year, *War Dances*, speaks. A question and answer session and book signing follows. Free. Vinnie-peloso@redwoods.edu. 476-4565.

Sherman Alexie at HSU. 7-10 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Author of the CR/HSU Book of the Year, *War Dances*, speaks. Free. Tickets available through Center Arts. library.humboldt.edu/boty. 826-3928.

MOVIES

International Latino Film Festival. 6-10:30 p.m. Minor Theatre, 1013 H Street, Arcata. Three films relating to the theme of African heritage in Latin America: *Cecilia* (Humberto Solás, 1982); *A Dios Momo* (Leonardo Ricagni, 2006) and *Pelo Malo* (Mariana Rondón, 2013). All films in Spanish with English subtitles. \$5 per film at the door.

Nuclear Savage: The Islands of Secret Project 4.1. 7 p.m. Arcata Theatre Lounge, 1036 G St. Ocean Night features a film about the fallout from American atomic testing. \$3. www.arcatatheatre.com.

MUSIC

John Craigie Trio & Anna Tivel. 8 p.m. Arcata Playhouse, 1251 Ninth St. An evening of folk. \$15, \$12 advance.

THEATER

The Velocity of Autumn. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. An 80-year-old artist barricades herself in her Brooklyn brownstone in a showdown with her family over where she'll spend her remaining years. \$10.

FOR KIDS

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 1000 B Street, Eureka. This is a preschool drop-off program for children 3-5 who are confidently potty trained. Each week features a theme, story time and arts and crafts projects. \$4. info@discovery-museum.org. www.discovery-museum.org. 443-9694.

MEETINGS

Frack-Free Humboldt. 3:30-5:30 p.m. Redwood Community Theater, 286 Sprowel Creek Road, Garberville. Preliminary organizers meeting that will focus on developing a fracking ban within Humboldt County. All are welcome to attend.

Human Rights Commission. First Thursday of every month, 5 p.m. County Courthouse, 825 Fifth St., Eureka. This month's agenda includes the use of public property and prison conditions. Free. 668-4095.

Humboldt County Beekeepers. 6 p.m. Humboldt County Agriculture Department, 5630 South Broadway, Eureka. Beekeepers share stories of their mistakes so that others may learn from them. Door prizes and refreshments available. Free. www.humboldtbeekeepers.org. 845-3362.

Humboldt Women Grow Meeting. 7:30 p.m. Northcoast Horticulture Supply, 1580 Nursery Way, McKinleyville. The launch of the Humboldt chapter of an organization for women in the cannabis industry. \$30, \$20 advance. www.womengrow.com.

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and other fiber artists as they socialize and work on their current projects. 442-9276.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

6 friday

ART

Herman Boulter. 4-6 p.m. Ramone's Bakery & Café, McKinleyville, 1555 City Center Road. Meet and greet with the photographer at the opening of his show *Spring's-a-Comin'*. hboulter@gmail.com. www.herman-boulter.com. 953-4286.

LECTURE

Social Justice Summit 2015. 3-9 p.m. Humboldt State University, 1 Harpst Street, Arcata. HSU's MultiCultural Center hosts the 21st annual Social Justice Summit with keynote presentations, speakers and events. \$25, \$20, free to students. mcc@humboldt.edu. www2.humboldt.edu/summit. 826-3369.

MUSIC

Eureka Symphony Winter Concert. 8 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. The Hometown Heroes concert features Johannes Brahms' *Piano Concerto No. 1 in D Minor, Op. 15* with guest artist John Chernoff, Arturo Marquez's *Danzon No. 2 for Orchestra* and Malcolm Arnold's *English Dances*. Carol Jacobson conducts. \$44-\$29. www.eurekasymphony.org. 845-3655.

THEATER

The Good Body. 7-9 p.m. Black Box Studio Theater, Van Duzer Building, Humboldt State University, Arcata. Eve Ensler's play looks at the body's role in women's lives. Proceeds benefit Humboldt Domestic Violence Services. \$12, \$8. thegoodbody.humboldt@gmail.com. 530-448-9458.

Ship of Fools Glow Show. 7:47 p.m. Gist Hall Theatre, Humboldt State University, Arcata. Benefit show for the Humboldt Juggling Festival featuring the Juggling Johnstons, Jpeace Love Circus and SambaMore. \$7-\$10 sliding scale.

The Velocity of Autumn. 8 p.m. Redwood Curtain

Theatre, 220 First St., Eureka. \$15. See March 5 event.

EVENTS

Bowl for Kids' Sake. 7 p.m. Harbor Lanes, 2136 Broadway, Eureka. Form a team or sponsor a bowler to fund Big Brothers Big Sisters of the North Coast's professionally supported volunteer mentors for local children. www.harborlanes.net.

The 24th Almost Annual Pun-Off. 8 p.m. Arcata Theatre Lounge, 1036 G St. The punningest competition around is a fundraiser for Making Headway's Brain Injury Prevention Programs. \$17. www.arcatatheatre.com.

FOR KIDS

Children's Clothing Swap. First Friday of every month, 3:30 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Bring your kids' hand-me-downs to trade for fresh new-to-you's. Sizes newborn-12, in wearable condition (no holes, stains, etc.). Free. facebook.com/ChildrensClothingSwapArcata. 985-8084.

SPORTS

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

Roller Skating. 6-8:30 p.m. Eureka Municipal Auditorium, 1120 F Street. Family skate at the Eureka Muni. Skate rental is included in the admission price and is on a first-come, first-serve basis. \$4.50 Youth \$5.25 Adults. www.eurekaparksandrecreation.com. 441-9181.

7 saturday

BOOKS

Jerry Rohde. 1 p.m. Humboldt County Library, 1313 3rd St., Eureka. The author and historian presents *Both Sides of the Bluff: A History of Humboldt County Places* at the Humboldt County Historical Society meeting. Free.

www.humboldthistory.org. 445-4342.

Marvin Shepherd. 6-9 p.m. Clarke Historical Museum, Third and E streets, Eureka. The Eureka-born author signs copies of his book, *A Scottish Syndicate in the Redwoods*, about the redwood lumber business in the Victorian era. Free. clarkehistorical@att.net. www.clarkemuseum.org. 443-1947.

Swami Girijananda. 6:30-9 p.m. Booklegger, 402 Second St., Eureka. The local author and founder of the Amrit Anubhav Meditation Center signs copies of her book *Tonglen for Our Own Suffering*. Free. nancybooklegger@suddenlinkmail.com. 445-1344.

DANCE

Contra Dance. 7-10 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. The Humboldt Folklife Society hosts with visiting caller Judy Zeidel. Blake Ritter and Sam McNeill play the tunes. No partner or experience needed. 7. emily.sinkhorn@gmail.com. www.humboldtfolklife.org. 269-2061.

LECTURE

Social Justice Summit 2015. 8:30 a.m.-5 p.m. Humboldt State University, Arcata. See March 6 listing.

MOVIES

Eureka Theater Birthday Marathon. 12:30-9:30 p.m. Eureka Theater, 612 F St. Celebrate the movie house's 76th birthday with nearly nine hours of 1939 classics: *The Wizard of Oz* at 1 p.m.; *Mr. Smith Goes to Washington* at 3 p.m.; *Gone With the Wind* at 5 p.m. \$0.35, \$0.10 kids 12 and under. info@theeurekatheater.org. www.theeurekatheater.org. 442-2970.

HIFF Best of Fest 2014. 7 p.m. Arcata Theatre Lounge, 1036 G St. See the last year's greatest hits at this Humboldt International Film Festival pre-fest screening. \$6, \$5 advance. www.arcatatheatre.com.

MUSIC

All County Music Festival. 6:30 p.m. Fortuna High School, 379 12th St. Over 400 local music students selected from nearly 30 Humboldt and Del Norte middle and high schools perform. Donation. 445-7077.

Eureka Symphony Winter Concert. 8 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. See March 6 listing.

John Reischman & the Jaybirds. 8-10 p.m. Arcata Playhouse, 1251 Ninth St. Bluegrass \$15, \$13. info@arcataplayhouse.org. www.arcataplayhouse.org. 822-1575.

Cypher Saturday. 1-5 p.m. Jefferson Community Center, 1000 B St., Eureka. MARZ Music presents an all ages hip-hop event featuring 2 Tone, Johnnee Angell, Yung T and others, plus a freestyle cypher session, live art and refreshments. All proceeds go to The MARZ Project, a free digital art and media studio at the Ink People Center for the Arts. \$5, discount for Jefferson neighborhood residents. marzers@gmail.com. facebook.com/MARZproject. 442-8413.

Strings Studio Recital. 2 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. Student performances featuring the works of Vivaldi, Handel, Prokofiev and more. Free.

THEATER

Ship of Fools Glow Show. 7:47 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See March 6 listing.

The Velocity of Autumn. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See March 6 listing.

EVENTS

Arts Alive. First Saturday of every month, 6-9 p.m. Art, and a heap of it. All around Old Town, Eureka. Free. www.eurekamainstreet.org. 442-9054.

Tree Planting. 9 a.m.-2 p.m. Across from Bayside Park Farm, 945 Bayside Road, Arcata. Help plant trees at Beith Creek to improve endangered Coho Salmon habitat. Bring work clothing and water. Tools and mud boots will be provided. Continental breakfast and a barbecue lunch provided free for all volunteers. Free. Tyler.brown@wildlife.ca.gov. 916-622-2439.

Bowl for Kids' Sake. 12:45 p.m. Harbor Lanes, 2136 Broadway, Eureka. See March 6 listing.

McKinleyville Land Trust Annual Dinner. 5-9 p.m. Azalea Hall, 1620 Pickett Road, McKinleyville. The evening includes dinner, silent auction, raffle and no-host bar. HSU emeritus geology professor Don Garlick presents a lecture and slide show: "Our Planet of Plants: The Interrelationships of Plants, Oxygen, Climate and Our Place in the Web of Life." \$30, \$25, \$15 for children under 12. www.mlandtrust.org. 839-5263.

FOR KIDS

KEET's Kids Club. First Saturday of every month, 12-2 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Kids aged 2-8 hear a story and create art. Each family leaves with a free book. This month's book is *Me and My Amazing Body* by Joan Sweeney. Free. www.humboldtarts.org. 442-0278 ext. 201.

Kids Alive. First Saturday of every month, 5:30-8 p.m. Discovery Museum, 1000 B Street, Eureka. This is a drop-off program for children ages 3-12. Children must be confidently potty trained. This fun night includes free play, arts and crafts and a snack. \$15. info@discovery-museum.org. www.discovery-museum.org. 443-9694.

Story Time. First Saturday of every month, noon. Willow Creek Library, Highways 299 and 96. Introduce your preschooler to the fun of books. Free. Every other Saturday, 11 a.m. Rio Dell Library, 715 Wildwood Ave. Join us for stories, songs, and games for early readers and parents. Free. riohumml@co.humboldt.ca.us. 764-3333.

FOOD

Pasta Sauce Contest and Dinner. 5-7 p.m. Eureka Women's Club, 1531 J St. Redwood Coast Montessori School hosts its sauce battle, spaghetti feed and silent auction. Enter your recipe to win one of the \$100 prizes. \$15, \$10. saucy@redwoodmontessori.org. www.eurekaheritage.org. 496-3562.

Winter Farmers Market. 10 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Farm fresh produce, rain or shine. On G and Eighth streets. Free. outreach@humfarm.org. www.humfarm.org. 441-9999.

GARDEN

Plant Sale. 10 a.m.-3 p.m. Eureka Center for Spiritual Living, 239 Buhne St. Plant sale, rain or shine. Large selection of perennials, annuals, berries, shrubs, trees, succulents, vegetable starts and house plants. Free admission. www.eurekasom.com. 444-8764.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 600 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Led by Barbara Reisman. Free. 826-2359.

Audubon Society Arcata Marsh Tour. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet the trip leader in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Tour leader Moe Morrisette. Free. www.rras.org/calendar.

Garden Tour. 11 a.m. Humboldt Botanical Garden, 7351 Tompkins Hill Road, Eureka. Take an informal tour through the Lost Coast Brewery Native Plant Garden with garden curator Mark Moore. Call 442-5139 to RSVP. Free. www.hbgf.org.

Hammond Trail Work Day. First Saturday of every month, 9-11 a.m. Hammond Trail, Mad River Bridge, Arcata. Work, clean and paint. Dress for work. New volunteers welcome. Contact for meeting place. sbecker@reninet.com. www.humtrails.org. 826-0163.

Lanphere Dunes Guided Walk. First Saturday of every month, 10 a.m. Pacific Union School, 3001 Janes Road, Arcata. Join a Friends of the Dunes naturalist and tour part of the Humboldt Bay National Wildlife Refuge. Free. info@friendsofthedunes.org. www.friendsofthedunes.org. 444-1397.

SPORTS

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See March 6 listing.

continued on next page ►

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Roller Skating. 6-8:30 p.m. Eureka Municipal Auditorium, 1120 F Street. See March 6 listing.

ETC

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

8 sunday

ART

Art Talk with Katherine Meyer. 2 p.m. Morris Graves Museum of Art, 636 F St., Eureka. The Bay Area artist leads a discussion on "Finding Your Place: Charcoal Drawings from Nature" and demonstrates techniques. \$5, \$2, Free to members and children 17 and under. www.humboldtarts.org.

Roger Cinnamond Exhibition and Fundraiser. 1-4 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. Over 150 paintings, prints, collages and drawings by the late artist and teacher. Proceeds support Westhaven Center for the Arts.

MOVIES

The Lego Movie. 6 p.m. Arcata Theatre Lounge, 1036 G St. Everything is awesome until you step on one. \$5. www.arcatatheatre.com.

MUSIC

Alphabet Baroque Club Concert. 2 p.m. Holy Trinity Church, PO Box 330, Trinidad. This benefit concert for the Holy Trinity Church features the music of the 14th through 18th centuries, including Pachelbel, Bach, Hacquart, Gibbons and more. Reception follows. \$15 suggested donation.

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 442-0156.

Sheila Jordan with Cameron Brown. 8 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Octogenarian NEA jazz master Sheila Jordan has sung with Charlie Parker, Charles Mingus and Max Roach. She performs with her long-time duo partner, bassist Cameron Brown. \$15, \$10 students and seniors. rja@redwoodjazzalliance.org. redwoodjazzalliance.org/2014-15.html. 633-8385.

EVENTS

HumDOG Dog Expo. 10 a.m.-4 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. A day of canine education for all breeds with an emphasis on responsible dog ownership. Agility exhibitions, dog tricks, vendors and more. Free. apjohns@aol.com. www.humdog.org.

FOR KIDS

Pokemon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

FOOD

Food Not Bombs. 5 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. 503-828-7421.

OUTDOORS

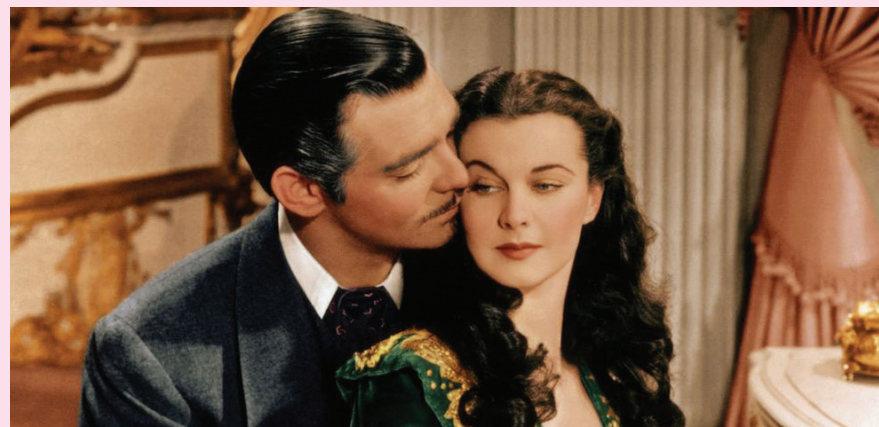
Redwood Region Audubon Society Birding Trip. Second Sunday of every month, 9 a.m. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. This two- to three-hour leisurely walk is an opportunity for people to learn the common birds of Humboldt. Meet at the Refuge Visitor Center. Free. 822-3613.

SPORTS

Foggy Bottom Milk Run. Noon. Ferndale Main Street, Main Street. The 4-mile and 10-mile races start at 12 noon and the 2-mile fun run starts at 2 p.m. All races start and finish on Main Street, Ferndale. \$30, \$20.

ETC

Family Game Day. 12-6 p.m. NuGames Eureka, 1662



Frankly, My Dear

Check your pockets. Got a little loose change? On **Sunday, March 8**, 35 cents gets you into the all-day big-screen binge at the Eureka Theater's 76th birthday celebration. A dime buys a ticket for a kid, just like it did in 1939, when the joint opened. Actually, it's even cheaper since a ticket gets you nearly nine hours of 1939 Hollywood classics. Oh, you can hack nine hours. Look what you did with House of Cards last weekend.

Doors open at 12:30 for the **1 p.m.** showing of *The Wizard of Oz*. Witches be trippin' as pig-tailed **Judy Garland** sings and skips her way down the Yellow Brick Road in shoes worth dropping a house on somebody for. If you missed last year's big-screen showing, this is your chance for a do-over. Bring the kids — video games and 3-D Disney have rendered them immune to the flying monkeys anyway.

At 3 p.m., escape the real political landscape with Frank Capra's wholesome *Mr. Smith Goes to Washington*. **Jimmy Stewart** takes boy-scout ethics to the corrupt Capitol and stands up for the little guy while fighting off a smear campaign. (Thanks, Roosevelt.)

At **5:30 p.m.**, brace yourself on the bedpost for *Gone with the Wind*. The Technicolor epic chronicling Scarlett O'Hara and Rhett Butler's Civil War romance is both gorgeous and totally nuts. Sit in thrall to **Vivien Leigh**'s timeless bitchface as fortunes are lost and gained, the South falls, gowns are made from drapes and people get slapped. And **Clark Gable** and **Hattie McDaniel** aren't too shabby, either. Fiddledee-dee.

—Jennifer Fumiko Cahill

Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own games. \$3. www.nugamesonline.com. 497-6358.

Redwood Coast Scrabble Club. 1-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Tiles, letters and triple-word scores, oh my! 677-9242.

9 monday

DANCE

Friendship Circle Dance. 7-10 p.m. Moose Lodge, 4328 Campton Road, Eureka. Dancing for people in their 50s and older with live music featuring tunes from the 1930s, '40s and '50s. Refreshments are served during break. \$4. 725-5323.

MUSIC

Hugh Masekela & Vusi Mahlasela. 8 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Two South African performers join forces in a musical celebration of freedom and the legacy of Nelson Mandela. \$45, \$10. **Humboldt Ukulele Group.** Second Monday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of strummers. Beginners welcome and you won't remain one long. \$3. dsander1@arcatanet.com. 839-2816.

SPOKEN WORD

Andrea Gibson. 7-8:30 p.m. Kate Buchanan Room, Humboldt State University, Arcata. The nationally acclaimed poet and activist performs a spoken word set. Local poets open mic. Free. clubs@humboldt.edu. www.andreagibson.org. 826-3776.

Poets on the Plaza. 8 p.m. Plaza Grill, 780 Seventh St., Third Floor, Arcata. Read/perform your original poetry,

or listen to others. 5-minute time limit. Sign up at 7:30 pm. \$1 donation.

Six Rivers Montessori Fundraiser. 5-9 p.m. Folie Douce, 1551 G St., Arcata. Enjoy a seasonal, local, multi-course dinner to benefit the school. Please call Folie Douce for reservations. \$50. www.sixriversmontessori.org. 822-1042.

MEETINGS

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

OUTDOORS

Tamar Danufsky. 6-8 p.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. The curator of the HSU Wildlife Museum and Coordinator of the Marine Wildlife Care Center shares the wildlife department's collection and work with animals as part of the Explore North Coast series. Free. info@explorenorthcoast.net. www.explorenorthcoast.net. 839-3553.

ETC

Monday Night Magic Draft. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. New and seasoned players welcome. \$15. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

10 tuesday

SPOKEN WORD

Human Expression Night. 7 p.m. Blondies Food And Drink, 420 E. California Ave., Arcata. Courtne Burns hosts this night of poetry and creativity. Free. www.blondiesfoodanddrink.com.



Big Woof

You know the expression: Lie down with dogs, wake up happy. Every dog lover knows this is true (even if it's not really the expression). If you're the breed of human who agrees, trot on out to **Redwood Acres Fairgrounds** this **Sunday, March 8** from **10 a.m. to 4 p.m.** for the **HumDOG Dog Expo** (free). With exhibits, booths and enough swag to fill a doggy bag or two, this family-friendly event enters its 28th year with more canine action than you can shake a stick at.

Nonprofit HumDOG puts on the event to promote responsible dog ownership. This includes understanding breeds and personality traits, breed health issues and what type of dog is the best fit for your family. In addition to education, the expo features 40 dog breeds and a full day of tail-wagging times. There's **Dancing with Dogs** (hello, ABC), a **parade of breeds**, **sled dog performances** and a **raffle** benefitting the Terri Lockett Memorial Spay and Neuter Fund. You can spend your Sunday LOL-ing at that cute dog video your friend posted or come out and experience the furry fun in person. You might go home covered with a little hair of the dog, but you'll be happier. No bones about it.

—Kali Cozyris

EVENTS

HUMbucks Monthly Exchange. Second Tuesday of every month, 5:30-7:30 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Event to exchange goods and services using HUMbucks, a non-monetary, local exchange system. jugglersest@gmail.com. www.baysidegrange.org. 834-9019.

FOR KIDS

Family Storytelling Group. 10-11:30 a.m. Manila Community Center, 1611 Peninsula Drive. Early literacy community storytelling group for infants, toddlers and their families. Receive a free book to continue family reading at home. Free. manilacomunity@gmail.com. 444-9771.

Pokemon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See March 8 listing.

MEETINGS

Parents in Partnership. 5:30-7 p.m. Manila Community Center, 1611 Peninsula Drive. Join with other parents and caregivers to learn and share parenting and life skills. New topic each week. Meal served and childcare available. Free. manilacomunity@gmail.com. 444-9771.

ETC

Board Game Night. 5-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw Street, Ferndale. Cards and pegs.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Questions? Free Lessons? Call Peggy or Rick. 444-3161.

11 wednesday

LECTURE

Conservation Lecture. 6:30 p.m. Sequoia Park Zoo, 3414 W St., Eureka. Join HSU Wildlife Biology graduate Jennifer Brown for "Frogs and Chytrid in Coffee, Oh My!" The talk examines disease-causing fungus on frogs on coffee farms in Jamaica. Free. www.sequoiaparkzoo.net. 441-4263.

MOVIES

They Came From Beyond Space. 6 p.m. Arcata Theatre Lounge, 1036 G St. They turn women into robots, enslave men and make cities into places of terror! Free w/\$5 food or beverage purchase. www.arcatatheatre.com.

MUSIC

Marco Benevento. 9 p.m. Humboldt Brews, 856 10th St., Arcata. Pianist. \$15. www.humboldtbrews.com.

EVENTS

Practivistas. 7-8 p.m. Harry Griffith Hall, Humboldt State University, Arcata. Informational session for the 2015 Dominican Republic trip. The program engages Americans with Dominican students and community members to create sustainable solutions with available resources. Free. julianamdixon@gmail.com. 737-4273.

FOR KIDS

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

MEETINGS

Conservation Meeting. Second Wednesday of every month, noon. Golden Harvest Café Arcata, 1062 G St. Participants discuss the chapter's position on pedestrian access to Clam Beach and other conservation issues with the Redwood Region Audubon Society. Free. www.goldenharvestcafe.com. 445-8311.

Eureka South Entry Project. 5:30-7:30 p.m. Wharfinger Building, 1 Marina Way, Eureka. The community meeting covers the vision of the project, the existing conditions

of the entry and constraints, and welcomes input. Free. www.eurekasouthentry.com. 441-4031.

North Coast Water Garden Club. 7 p.m. Wharfinger Building, 1 Marina Way, Eureka. Learn about water gardening for seniors. In the Yacht Room. Free. info@ncwgc.org. www.ncwgc.org. 839-0588.

Teenship Meeting. 4-5:30 p.m. Manila Community Center, 1611 Peninsula Drive. Open meeting for ages 13-18. Gain job skills, listen to guest speakers and plan fundraising activities. Meal served. Free. manilacomunity@gmail.com. 444-9771.

COMEDY

Comedy Open Mikey. 9 p.m. Palm Lounge, Eureka Inn, 518 Seventh St. Hosted by Nando Molina with beats by Gabe Pressure. Free.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. www.nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

12 thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See March 5 listing.

Viking Knit Jewelry. 6:45 p.m. Wharfinger Building Bay Room, 1 Marina Way, Eureka. Tracy Shapiro discusses the historical background of Viking knit, and shows you how to create one. Free. hhsguildVP@gmail.com. hhsguild.org. 267-7620.

BOOKS

Thursday Afternoon Book Club. Second Thursday of every month, 12-1 p.m. Eureka Main Library, 1313 Third St. Fun and lively discussion group focusing on adult fiction and nonfiction. Call ahead for upcoming titles. Free. www.humlib.org. 269-1905.

LECTURE

Local Government Talk. 5-7 p.m. Humboldt State University Great Hall, 1 Rossow Street, Arcata. Community activists Heidi Benzonelli, Larry Goldberg and Renee Saucedo discuss the role of citizen groups in "Nourishing the Grass Roots: Community Organizing and Local Governance." Free. politics@humboldt.edu. 826-4494.

THEATER

The Velocity of Autumn. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See March 5 listing.

MEETINGS

Humboldt Grange 501 Potluck. Second Thursday of every month, 6:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Grange Women's Auxiliary meets at 6 p.m., potluck at 6:30 p.m., Grange meeting 7:30 p.m. nanettespearschade@gmail.com. www.facebook.com/humboldt.grange. 443-0045.

Redwood Coast Woodturners. 6-8:30 p.m. McKinleyville Middle School, 2285 Central Ave. Featuring a "log to bowl" demonstration. Free. 499-9569.

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See March 5 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See March 5 listing.

Heads Up...

Vendor applications for the Summer Arts & Music Festival are due Mar. 13. For more information, call 923-3368.

The Artists Of The Emerald Coast event and Summer

Arts seek local fine artists for exhibition. For more information, call 513-5566 or 923-3368.

Ferndale Repertory Theater holds auditions for *Sylvia* on Mar. 22 and Mar. 23 at at Bethel Church (2734 Hubbard Lane, Eureka) at 6:30 p.m., and *Legally Blonde the Musical* on Apr. 12 and Apr. 13. at at Bethel Church at 6 p.m. For more information about *Sylvia*, email soundguy707@gmail.com. For more information about *Legally Blonde*, email nobletardis221@gmail.com.

The Humboldt Folklife Society seeks submissions for this year's festival. Submit a description of your music and an mp3 sample or web links to nancy@humboldt-folklife.org. Deadline is April 17.

Humboldt BeeFest 2015 invites all Humboldt Artists to enter the juried art contest. \$10 entry fee. Submissions accepted thru April 6, 2015. Call 443-4424.

The Humboldt Builders' Exchange Community Fund is accepting applications for high school scholarships through April 15, 2015. For more information, call 442-3708.

Student artists in grades 8-12 wanted for "Second Chances" art show. Deadline for submissions is April 1. For more information, call 444-0153.

Vendors sought for annual flea market sponsored by Humboldt Grange #501 happening on Saturday, Mar. 7. Call 268-3806.

North Coast Open Studios is accepting artist applications for 2015. Email contact@northcoastopenstudios.com or call 442-8413.

College of the Redwoods' Poets & Writers is accepting submissions of original poetry and fiction. Deadline is noon, Mar. 25. For more information, call David Holper at 476-4370.

Applications are available for entertainers and vendors for the Mateel Community Center's Summer Arts and Music Festival. For more information, visit www.mateel.org or call 923-3368.

Applications are available for the Humboldt Association of Realtors' annual scholarships. Call 442-2978.

Friends of the Arcata Marsh seeks gently used kids' science books. Call 826-2359.

Soroptimist International of Arcata offers two scholarships (\$1,500 and \$1,000) to Arcata High School seniors. Applications available in the counselor's office. Call 822-9494.

The Arcata City Council is looking for applicants for the Historic and Design Review Commission and the Economic Development, Transaction and Use Tax and Transportation Safety committees. For more information, call 822-5953.

Nominations now being accepted for the 2015 Outstanding Contribution to the Arts Award. Nomination deadline is March 15. For nomination categories and further information, call 442-0278.

The Student Bird Art Contest is open to Humboldt County students from kindergarten through high school with \$550 in prizes. Deadline is March 20. For more information, email sueleskiw@suddenlink.net or see www.rras.org/docs

Students in the Klamath Trinity area are eligible for 2015/2016 college scholarships through Dream Quest. Applications at Dream Quest in Willow Creek and high school counseling offices. For more information, call (530) 629-3564 or email dreamquestwillowcreek@hotmail.com

Redwood Region Audubon Society seeks submissions for its student nature writing contest for grades 4 through 12. Deadline is March 20. For more information, email tomleskiw@suddenlink.net.

Arcata Marsh Interpretive Center seeks artists and photographers for exhibits. 442-5444.

The Earn It, Keep It, Save It Volunteer Income Tax Assistance Program seeks volunteers for the 2015 tax season. 269-2052.

Movie Times

Film times reflect the most current listings as of Tuesday afternoon. As schedules at individual theaters sometimes change, we recommend calling ahead to avoid any inconvenience.

Broadway Cinema

1223 Broadway St., Eureka, (707) 443-3456

American Sniper	Fri-Thur: (2:30), 5:30, 8:30
Chappie	Fri-Thur: (12, 1:55, 3, 4:50), 6, 7:45, 9
The DUFF	Fri-Wed: (1:45, 4:15), 6:45, 9:15; Thur: (1:45, 4:15), 9:15
Fifty Shades of Grey	Fri-Thur: (12:10, 3:10), 6:10, 9:10
Focus	Fri-Thur: (1:05, 3:45), 6:25, 9:05
Jupiter Ascending	Fri-Thur: (12), 5:50, 8:45
Jupiter Ascending 3D	Fri-Thur: (2:55)
Kingsman: The Secret Service	Fri-Thur: (12:20, 3:20), 6:20, 8:10, 9:20
The Lazarus Effect	Fri-Thur: (12:25, 2:40, 4:55), 7:15, 9:35
McFarland, USA	Fri-Thur: (11:50a.m., 2:50), 5:55, 8:55
The SpongeBob Movie: Sponge Out of Water	Fri-Thur: (1, 3:25), 5:45
Unfinished Business	Fri-Thur: (11:55a.m., 2:20, 4:45), 7:10, 9:30

Mill Creek Cinema

1575 Betty Court, McKinleyville, (707) 839-3456

American Sniper	Fri-Thur: 6:15, 9:10
Chappie	Fri-Sun: (12:05, 3), 5:55, 8:45; Mon-Thur: (3), 5:55, 8:45
The DUFF	Fri-Thur: (1, 3:30), 6:05, 8:35
Focus	Fri-Sun: (1:10, 3:45), 6:25, 9; Mon-Thur: (3:45), 6:25, 9
Kingsman: The Secret Service	Fri-Sun: (12:20, 3:20), 6:20, 9:20; Mon-Thur: (3:20), 6:20, 9:20
The Lazarus Effect	Fri-Sun: (12:25, 2:40, 4:55), 7:15, 9:35; Mon-Wed: (2:40, 4:55), 7:15, 9:35; Thur: (2:40, 4:55), 9:35
McFarland, USA	Fri-Sun: (11:50a.m., 2:50), 5:50, 8:50; Mon-Thur: (2:50), 5:50, 8:50
The SpongeBob Movie: Sponge Out of Water	Fri-Sun: (1:25, 3:50); Mon-Thur: (3:50)
Unfinished Business	Fri-Sun: (12:10, 2:30, 4:50), 7:10, 9:30; Mon-Thur: (4:50), 7:10, 9:30

Minor Theatre

1001 H St., Arcata, (707) 822-3456

Birdman	Fri-Thur: (3:25), 8:50
Mr. Turner	Fri: (4:40), 8; Sat-Sun: (1:20, 4:40), 8; Mon-Thur: (4:40), 8
Still Alice	Fri: (4:20), 6:50, 9:20; Sat-Sun: (1:50, 4:20), 6:50, 9:20; Mon-Thur: (4:20), 6:50, 9:20
Whiplash	Fri: 6:15; Sat-Sun: (12:55), 6:15; Mon-Thur: 6:15

Fortuna Theatre

1241 Main St., (707) 725-2121

Chappie	Fri: (4:10), 7:10, 9:45; Sat: (12, 4:10), 7:10, 9:45; Sun: (12, 4:10), 7:10; Mon-Thur: (4:10), 7:10
Fifty Shades of Grey	Fri-Sat: 6:55, 9:40; Sun-Thur: 6:55
Focus	Fri: (4), 6:55, 9:25; Sat: (12:15, 4), 6:55, 9:25; Sun: (12:15, 4), 6:55; Mon-Thur: (4), 6:55
The Lazarus Effect	Fri: (4:40), 7, 9:20; Sat: (12:05, 2:20, 4:40), 7, 9:20; Sun: (12:05, 2:20, 4:40), 7; Mon-Thur: (4:40), 7
McFarland, USA	Fri: (3:45), 6:45, 9:40; Sat: (12:15, 4), 6:55, 9:25; Sun: (12:15, 4), 6:55; Mon-Thur: (3:45), 6:45
The SpongeBob Movie: Sponge Out of Water	Fri: (4:40); Sat-Sun: (12, 2:20, 4:40); Mon-Thur: (4:40)
Unfinished Business	Fri: (5:10), 7:30, 9:55; Sat: (12:25, 2:45, 5:10), 7:30, 9:55; Sun: (12:25, 2:45, 5:10), 7:30; Mon-Thur: (5:10), 7:30

DNR

Lazarus and Focus lack spark

By John J. Bennett

filmland@northcoastjournal.com



HANG IN THERE.

Reviews

THE LAZARUS EFFECT. Having recently discovered that some contemporary horror movies are actually pretty good, I was prepared to meet this one without old preconceptions. My expectations may have even been elevated. *Lazarus* is the latest feature from David Gelb, who previously directed and photographed *Jiro Dreams of Sushi* (2011). *Jiro* is a documentary about a man in Tokyo who makes maybe the best sushi in the entire world. He has three Michelin stars, a 10-seat restaurant with a months-long waiting list, and two sons whom he may or may not have completely alienated and enslaved in the pursuit of mastery of his craft. It's a beautifully shot, often insightful movie with subtle hints of psychological horror around the edges. I was expecting at least a little of the same from *The Lazarus Effect* which, in addition to the resume of its director, boasts a young, interesting cast. Unfortunately, the movie does little to nothing in terms of fulfilling its considerable promise.

In a subterranean laboratory on the campus of a Christian university, a team of scientists works to develop a serum to revive the dead. Ostensibly, their efforts are toward extending the life-saving window for victims of trauma, surgical patients, etc. Naming a medical advancement after a Biblical figure risen from the grave has other implications, but no matter. The

team: Frank and Zoe (Mark Duplass and Olivia Wilde), a couple who have delayed their nuptials in service of the project; their computer whiz (Donald Glover), who is in love with Zoe; Clay (Evan Peters), a vape-head whose talent/contribution beyond one stoned epiphany remains unclear. There's also a student documentarian named Eva (Sarah Bolger) in the mix for no reason at all. Due to a nebulous contract violation, the project is being shuttered, its materials seized by Big-Pharma bad guys. In the midst of this turmoil, the team manages to bring a dog back from the dead. They elect to sneak into the lab for one last experiment when things go terribly awry. Frank decides to use the serum on one of their own, with decidedly mixed results. There's a whole poorly drawn backstory about childhood trauma, repressed memories and the possibility of an after-life. Also there's some question as to whether the resurrected dog has acquired someone else's personality.

Not only is this premise as old as the horror cinema hills, very little is done here to develop it. There are a few weak attempts, and the talented cast does what it can with scant material, but overall *The Lazarus Effect* feels rushed and redundant. It exhibits none of the subtly striking visual style of *Jiro*, does very little to cultivate dread and, even with a primary cast of only five, feels crowded by characters with nothing to contribute. PG13. 83m.

FOCUS. Having seen the trailer for this too many times in recent months, I was ready to just get it over with. Remember that time Will Smith and M. Night Shyamalan came to Humboldt and made a mess in the woods (*After Earth*, 2013)? Mr. Smith certainly does, as does everybody who made the mistake of buying a ticket for it. A far greater number declined to do so, a fact Mr. Smith may remember even more clearly. In an attempt to recover from the first distinct failure of his box-office surmounting career, here is a much-promoted, slickly produced, completely innocuous heist movie that soon nobody will be talking about.

It's Super Bowl week in New Orleans, one of the busiest times of year for diversified grifter Nicky Spurgeon (Smith) and his team. They're hard at work picking pockets, stealing identities and blackmailing philanderers when talented amateur Jess (Margot Robbie) wanders into their midst. She and Nicky have some minor history, and besides her big eyes and ability to wear short skirts, he recognizes her abilities as an asset to the team. He enlists her aid to pull off a big con, and then unceremoniously sends her to the airport with no intention of seeing her again.

Cut to three years later: Nicky's in Buenos Aires, scamming the owner of a Formula 1 team. To no one's surprise, except possibly Nicky's, Jess shows up, running her own game. Things get complicated and the air quickens with "will they or won't they." They will.

Focus, while proficiently executed by writer-directors Glenn Ficarra and John Requa (*Crazy Stupid Love*) and buoyed by Smith's significant charisma, holds too few surprises to make a significant impact. It saves a twist or two for the end, but by then the languid, too-easy tone has taken hold. In spite of its style, posh settings and glamorous cast, *Focus* feels like a paint-by-number heist movie, with all its beats where we'd expect them to be. It's bland and palatable, never setting goals it can't easily reach. It can be fun in moments, but even as a mainstream star vehicle, it feels like something is missing. R. 104m.

—John J. Bennett

Continuing

AMERICAN SNIPER. Bradley Cooper plays a Navy SEAL in an intense and moving biopic/war movie that doles out adrenaline and domestic devastation in equal measure. R. 132m.

BIRDMAN. Back after swooping up all the Oscars. Excellent weirdness as a former superhero franchise star (ahem, Michael Keaton) grasps at a second act. While his character struggles, Keaton clearly still has his chops. R. 120m.

THE DUFF. Teen makeover comedy about a girl (Mae Whitman) who finds out she's the Designated Ugly Fat Friend in her group. It's like *Mean Girls* never even happened. PG13. 101m.

FIFTY SHADES OF GREY. The real torture is the muddled characters and blush-worthy story. If you came for more than a little slap and tickle, use your safe word and bail. R. 125m.

JUPITER ASCENDING. Gorgeous trademark visuals and a wreck of a story from the siblings Wachowski. With Mila Kunis, Channing Tatum and a stylishly villainous Eddie Redmayne. PG13. 127m.

KINGSMAN: THE SECRET SERVICE. Funny, charming Taron Egerton steals the show in this imaginative action comedy about a street punk who becomes a spy. With Colin Firth and Samuel Jackson. R. 128m.

MCFARLAND USA. The story about a cross-country coach (Kevin Costner) hits all the marks so that even the expected triumphs yield a few tears. PG. 128m.

THE SPONGEBOB MOVIE: SPONGE OUT OF WATER. He of the square pants leads his undersea crew onto land in this animation and live action mash-up. PG. 93m.

STILL ALICE. Julianne Moore plays a linguistics professor losing her mind to Alzheimer's Disease. With Alec Baldwin. PG13. 101m.

WHIPLASH. Miles Teller and J.K. Simmons play a young jazz drummer and his bandleader who pushes him to his limits in this breathless intensive on the nature of greatness. R. 107m.

—Jennifer Fumiko Cahill

MOVIES & EVENTS

..... Mar. 6 - Mar. 11

Fri Mar 6 - The 24th Almost Annual Pun Off! Doors @ 7:30 PM, Pun Off @ 8 PM, \$17 @ door, 18 +

Sat Mar 7 - HIFF: Best of Fest 2014, Pre-fest Screening, Doors @ 6:30 PM, Starts @ 7 PM, \$5 Adv, \$6 Gen Adm, All ages

Sun Mar 8 - The LEGO Movie (2014), Doors @ 5:30 PM, Movie @ 6 PM, \$5, Rated PG

Wed Mar 11 - Sci Fi Night ft. Sci Fi Night ft. They Came From Beyond Space (1967), Doors @ 6 p.m. All ages, Free w/\$5 food & bev purchase.

Arcata Theatre Lounge f
arcatatheater.com • 822-1220 • 1036 G St.

Previews

CHAPPIE. A boosted police robot gets an AI upgrade and becomes a target as the first self-aware machine. With Sigourney Weaver and a shaggy Hugh Jackman. R. 120m.

UNFINISHED BUSINESS. Vince Vaughn, Dave Franco and Tom Wilkinson play small businessmen on a disastrous European road trip. R. 91m.

MR. TURNER. Timothy Spall plays the famed British painter in this biopic. R. 150m.

workshops & CLASSES

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Arts & Crafts

CERAMICS FOR OLDER KIDS, AGES 7-12 W/ BOB RAYMOND. Mon.'s March 30-April 27, 4 p.m.- 6 p.m. & Tues. March 31-April 28, 4 p.m.- 6 p.m. \$80 per class, (5-week classes). Adventure with clay; Learn various hand building and wheel-throwing techniques. Fire Arts Center, 520 South G St., Arcata, (707) 826-1445, www.fireartsarcata.com (AC-0326)

LIDDED VESSELS & DESSERT PLATES W/ SUSAN BEECHER. Tues.'s 10 a.m.-noon, March 31- May 12 (7 weeks) \$130/\$5 (member rate). Class will focus on throwing many different sorts of lids for pots such as jars, casseroles, altered forms and teapots. We will also make dessert plates with different rims. Fire Arts Center, 520 South G St., Arcata, (707) 826-1445, www.fireartsarcata.com (AC-0319)

MAKING PHOTOGRAPHS. Wed.'s March 4-April 15 10 a.m. - 12 p.m., CR Community Education 525 D St., Eureka Room 112, \$85. This course will be a combination of lecture, lab, and critiques that will cover the fundamentals of photography and how to apply that knowledge to using your camera for your way of seeing things. Call College of the Redwoods at 476-4500 for more information & to register. (AC-0219)

PLAYING WITH CLAY FOR GROWN UPS W/ MARGO WHICOMB. Thurs.'s 10 a.m.-noon, April 2-April 30, (5 weeks each), \$90 per class. Here's your chance to have some fun and get your hands dirty! We'll cover the basics of hand building in an informal, non-threatening setting. A variety of indoor and outdoor projects will be introduced and your ideas are welcome. Class is fun and a low stress introduction to ceramic art. Fire Arts Center, 520 South G St., Arcata, (707) 826-1445, www.fireartsarcata.com (AC-0319)

WHEEL THROWN FORMS WITH EMPHASIS ON BOTTLE & TEAPOTS W/ PEGGY LOUDON. Wed.'s 2 p.m.- 4 p.m. (10 weeks), April 1 - June 3, \$185. In addition to working on classic wheel throw shapes. Class will focus on developing and refining the bottle and teapot form. This proposes to be a fun and rewarding exploration of what is considered to be the most challenging forms for the potter with an emphasis on style, aesthetics and functionality. Previous wheel throwing experience required. Fire Arts Center, 520 South G St., Arcata, (707) 826-1445, www.fireartsarcata.com (AC-0319)

SUBMIT YOUR
WORKSHOPS AND CLASSES
ONLINE
northcoastjournal.com

WHEEL THROWING 1&2 W/ BOB RAYMOND. Tues.'s 7 p.m.-9 p.m., March 31, - June 2. (10 weeks) \$185. Learn the basics or perfect your wheel-throwing technique. With 40 years exp. Bob is an inspiration to students of all levels. Class is ideal for both new and continuing students. Fire Arts Center, 520 South G St., Arcata, (707) 826-1445 www.fireartsarcata.com (AC-0319)

Communication

A GOOD NIGHT'S SLEEP EXPLORED AT LIFETREE CAFÉ. How to get a better night's sleep will be discussed at Lifetree Café, Sun., March 8, 7 p.m. Program, titled "Zzzz... Practical Help for Getting a Better Night's Sleep," features a filmed interview with Kat Duff, the author of "The Secret Life of Sleep." Participants will get practical tips for getting a good night's rest, explore the cost of insufficient sleep, consider benefits of a good night sleep, and discover the truth about common myths about sleep. Lifetree, a free Conversation Café, is located on the corner of 13th and Union, Arcata. Coffee and snacks. For more info. contact Bob (707) 672-2919 or bobdipert@hotmail.com. (CMM-0305)

BUSINESS LEADERSHIP DEVELOPMENT Mon.'s and Tues.'s, March 16 - March 24, 525 D St., Eureka. \$175 Great leaders build more effective businesses, more enthusiastic and inspired teams, and help to unify and direct their organizations. Call College of the Redwoods 476-4500 for more info.& to register (CMM-0305)

DECOLONIZING SOCIAL WORK WITH INDIGENOUS COMMUNITIES. This online course is for current social workers and community members who work with indigenous communities. Instructor: Michelle Rainer. Course runs March 23-May 15. Fee: \$330 (includes 1.5 units of credit in SW 420). This course also meets a prerequisite of the online MSW program. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended (CMM-0319)

Dance/Music/Theater/Film

DANCE AROUND THE WORLD! Fun, exercise, amazing music and culture! High-Energy international dance class offers an intriguing array of dances from different countries and cultures. Connect with your roots and learn about others! Tues.'s 7:30 - 8:30 pm. \$8 drop-in or \$40 for 8-week session. Redwood Raks World Dance Studio, 8th & L St., Creamery Building, Arcata. Teachers: Linnea Mandell & Craig Kurumada (707) 822-8045 linneamandell@gmail.com www.RedwoodRaks.com (DMF-0326)

DANCE SCENE STUDIOS. Excellent instruction in Ballet, Creative Dance, Hip Hop, Belly Dance, Pilates, Jazz, Musical Theater. 1011 H St. Eureka. www.DanceEureka.com, (707) 502-2188. (DMF-0402)

DANCE WITH DEBBIE: WE MAKE LEARNING TO DANCE WITH A PARTNER FUN! Tues. is our Latin night and Thurs. is our ballroom night. Get ready to dance at the Redwood Coast Music Festival. We give private lessons, too. (707) 464-3638, debbie@dancewithdebbie.biz (DMT-0430)

MUSIC LESSONS. Piano, Guitar, Voice, Flute, etc. Piano tuning, Instrument repair. Digital multi-track recording. (707) 476-9239. (DMT-0226)

PIANO LESSONS. Beginners, all ages. Experienced. Judith Louise 476-8919. (DMT-1231)

STEEL DRUM CLASSES. Weekly Beginning Class: Fri.'s, 11:30 a.m.-12:30 p.m., \$50. Beg/Int, continuing students: Mon.'s, 7-8 p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-0430)

Fitness

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout, and a very chill environment. Ages 8 and up. 1459 M St., Arcata. Contact Justin (707) 601-1657 text or phone, or email northcoastfencingacademy@gmail.com (F-0528)

ZUMBA WITH ANN! Zumba Fitness, Mon., Arcata Vets Hall; Zumba Toning (light weights provided). Thurs., Redwood Raks Dance Studio, both classes 5:30-6:30 p.m., \$6, drop-in, everyone welcomed & no membership req.! Punch cards avail. Ann has over 20 yrs. dance/fitness instr. Questions call Ann (707) 845-1055, annyoumans.zumba.com (F-0226)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-1231)

Kids & Teens

EXPLORING CURRENT ARTWORK AT MORRIS GRAVES. Art teacher, Arupa Richardson, guides students in exploring current artworks at the Morris Graves and their own creativity through hands on art projects. Spring Session is inspired by contemporary landscape artists. Young artists explore the natural world through various drawing and painting mediums. Classes run for 8 weeks beginning: Tues.'s, March 17-May 5, 3:45 p.m.-5 p.m., for Level 1 students (ages 6-8) and Wednesdays, March 18-May 6, 3:45-5 p.m. for Level 2 students (ages 9-12) Register at www.humboldtarts.org or call (707) 442-0278. (K-0312)

JOIN THE JUNIOR CREW TEAM! Meets Mon.-Fri. Ages 11 and up. For more information call Head Coach Scott Gibson at (707) 845-4752. Humboldt Bay Rowing Association, www.hbra.org. (K-0326)

Lectures

INVESTING IN REAL ESTATE Sat., March 7., 9 a.m.-12 p.m. CR Community Education, 525 D St. Eureka, \$50. Instructor: John Fesler will be teaching a workshop designed to provide an overview of investment goals and pitfalls for real estate. Call College of the Redwoods 476-4500 for more info. & to register (LE-0305)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-1225)

UNCONVENTIONAL INTERNATIONAL TRAVEL. Explore the many creative, non-standard options for international travel available today. With Louisa Rogers and Barry Evans. Tues.'s, March 24, 6-8 p.m. OLLI Members \$25/all others \$50. OLLI: 826-5880, www.humboldt.edu/olli (O-0319)

AFTER THE FIRST DRAFT: REVISION STRATEGIES FOR WRITERS. Explore various revision strategies that will help you revisit your work, both at a global level and at the sentence level. Please arrive with a finished draft of one piece of your own writing, anywhere from one to ten pages. With Heal McKnight. Sat., March 7, 10 a.m.-noon OLLI Members \$30/all others \$55. OLLI: 826-5880, www.humboldt.edu/olli (O-0305)

EUREKA SYMPHONY CONCERT CLASS. Join Linn Van Meter to explore and contrast the lives, times and works of contemporary American composers Arturo Marquez and Malcolm Arnold, with their works to be performed by the Eureka Symphony on March 7. Wed., March 4, 5:30-7 p.m. and attendance at the Symphony with reserved seating Sat., March 7, 7-9:30 p.m. OLLI Members \$45/all others \$70. OLLI: 826-5880, www.humboldt.edu/olli (O0226)

EXPLORING THE EASTERN HIGH SIERRA OF CALIFORNIA. Learn about equipment, food, access points and logistics, possible routes and their difficulty, and best times to go. With Peter Lehman. Tues. & Thurs., March 24 & 26, 6-8 p.m. OLLI Members \$45/all others \$70. OLLI: 826-5880, www.humboldt.edu/olli (O-0319)

FOUNDATION OF WELL-BEING & HAPPINESS.

Learn the practice of mindfulness and the art of self-compassion to bring greater well-being, happiness, resilience, self-worth, love and peace into your mind, your heart and your life. With Marilyn Montgomery. Thurs.'s, March 26-April 16, 2-4 p.m. OLLI Members \$65/all others \$90. OLLI: 826-5880, www.humboldt.edu/olli (O-0319)

FROM PAPYRUS TO PIXELS: EVOLUTION OF THE BOOK. Take a whirlwind tour through five millennia of writing and book history, with emphasis on how the revolution wrought by Johannes Gutenberg changed the world and what today's digital revolution bodes for the future of reading. With Barry Evans. Thurs., March 26, 6-8 p.m. OLLI members \$25/all others \$50. OLLI: 826-5880, www.humboldt.edu/olli (O-0319)

INTRODUCTION TO STEEL DRUMS. Learn to play the steel drums with Kate Lang-Salazar in this fun and enriching class for students of all levels. No previous musical training is required. Fridays, March 6-27, 11:30 a.m.-12:30 p.m. at the Pan Arts Network in Arcata. OLLI Members \$50/all others \$75. OLLI: 826-5880, www.humboldt.edu/olli (O-0305)

LEARN TO DRAW: DRAMATIC LIGHT & SHADOW.

This class will focus on how light and shadow create the illusion of three-dimensional form. Students will leave the class with a deep understanding of light logic and tonal drawing techniques. Thurs., March 26-April 30, 2-4 p.m. OLLI Members \$100/all others \$125. OLLI: 826-5880, www.humboldt.edu/olli (O-0319)

NORTH COAST ARTISTS SHOWCASE 2015.

Features six noted Humboldt County artists who will share their work and talk about the process of making art. Facilitated by Amy Uyeki. Tues.'s, March 24-May 5 (no class March 31) 4-5:30 p.m. OLLI Members \$80/all others \$105. OLLI: 826-5880, www.humboldt.edu/olli (O-0319)

continued on next page ►

OLLI AT THE OPERA: CAPULETI. Enjoy the tragic tale of Romeo and Juliet in the San Francisco film production of Vincenzo Bellini's magnificent Capuleti. Geoff Cain will teach a pre-performance class followed by the film at the Cascade Theater in Redding. Sun., March 22, 1:30 a.m.-1:15 p.m., show, 2-6 p.m. Return trip Mon. March 23. Register by March 6. For trip details and options contact OLLI: 826-5880, www.humboldt.edu/olli. (O-0305)

THE GALAPAGOS, DARWIN & NATURAL SELECTION: THE TOUR WITHOUT THE AIRFARE. Sit back and enjoy a tour of the Galapagos Islands best known for wonderful and exotic wildlife. With Rollie Lamberson and Rick Vrem. Thurs., March 12, 6-8 p.m. OLLI Members \$30/all others \$55. OLLI: 826-5880, www.humboldt.edu/olli (O-0305)

UNDERSTANDING VIDEO PRODUCTION. Learn the process of video production, proper framing, basic lighting principles and styles as well as hands-on tips for stabilizing shots. With Matt Knight. Saturday, March 7, noon-2 p.m. at Access Humboldt, Eureka. OLLI Members \$20/all others \$45. OLLI: 826-5880, www.humboldt.edu/olli (O-0305)

WALKING THE CAMINO. Are you intrigued by the ancient pilgrimage routes of Europe? Find out how to choose a route, where to stay and what to pack, get tips on traveling light and a Spanish for Pilgrims glossary. With Carolyn Lehman. Tues. & Thurs., March 24 & 26, 6-8 p.m. OLLI Members \$45/all others \$70. OLLI: 826-5880, www.humboldt.edu/olli (O-0319)

HUNGRY?

m.northcoastjournal.com

Search nearby locations, by neighborhood, type of food, price or even those that feature local ingredients.



the journal
OF POLITICS, PEOPLE AND ART

TAI CHI MADE EZ PART 2. Learn a new movement called Sun Style, that will build on what we learned in previous courses. Students must have taken a previous Tai Chi course with the instructor to register for this course. With Glenda Hesseltine at the Arcata Presbyterian Church. Mondays, March 16-April 20 from 3-4:30 p.m. OLLI Members \$70/all others \$95. OLLI: 826-5880, www.humboldt.edu/olli (O-0312)

Spiritual

ARCATA ZEN GROUP MEDITATION. Beginners welcome. **ARCATA:** Sunday 7:55 a.m., Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. For more info. call (707) 826-1701 or visit arcatazengroup.org **EUREKA:** Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12. For more info. call (707) 845-8399 or visit barryevans9@yahoo.com. (S-1231)

HUMBOLDT UNITARIAN UNIVERSALIST FELLOWSHIP. We are a diverse congregation welcoming all people. Our mission is to promote personal and spiritual growth as well as a peaceful, sustainable, and socially just world. Come see for yourself on a Sun. morning. 9 a.m. meetings include child care. Children's & teen's Religious Education classes are available during our 11 a.m. meetings. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, www.huuf.org. (S-0326)

SPIRIT TALK WITH REV. DIANE. All are welcome to join Rev. Diane Decker, Minister of Religious Science, for Science of Mind Spiritual Discussion, Meditation and Affirmative Prayer. Gathering every Mon. 7 p.m.-8 p.m., Isis Suite 48, Sunny Brae Center. Donations welcome. (707) 502-9217 (S-0626)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com (S-0625)

UNITY OF THE REDWOODS. Join us at Unity Church of the Redwoods, where love is felt, truth is taught, lives are transformed, and miracles happen. Services begin each Sun. at 11 a.m. 1619 California St., Eureka. Please stay for snacks and conversation after service. (707) 444-8725 (message), www.unityoftheredwoods.org (S-0403)

WISDOM OF THE SOUL INTRODUCTORY PSYCHIC/INTUITIVE READINGS BY JOLENE HAYES. March 5, 5 p.m.-9 p.m. or March 7, noon-5 p.m., cost \$25. upstairs at Isis, Suite #48 Sunny Brae Center. During this 30-minute reading, Jolene will bring you guidance about any issue with an Angel Tarot Card Reading, reading your Akashic Records and/or Dream Interpretation. Bring any question about health, relationship, past lives, career, etc. to the session. Call for an appt. (707) 499-9207 or email jolene@wisdomofthesoul.com. (S-0305)

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-0326)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-0626)

FREE DEPRESSION SUPPORT GROUP. Walk-in support group for anyone suffering from depression. Meet Mon's 6:30 p.m.-7:45 p.m. at the Church of the Joyful Healer, McKinleyville. Questions? Call (707) 839-5691. (TS-0820)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0528)

Vocational

CHILD ABUSE MANDATED REPORTER TRAINING. With Cara Barnes, MA, and Jed Mefford, MSW. Fri., March 27, 8:30 a.m.-4:30 p.m. \$40 fee includes lunch. \$25 additional for nursing or education academic credit or MFT/LCSW/LPCC CEUs. Pre-registration required by March 18. Call HSU College of eLearning and Extended Education to register: 826-3731 or visit www.humboldt.edu/extended (V-0312)

FIRELINE SAFETY TRAINING FOR VENDORS

Mandatory class for dozer operators, water tenders, crew bus, drivers, vehicle drivers and mechanics who have a CalFire/USFS agreement or contract requiring annual safety training. This course must be completed successfully or eligibility for contracts will be lost for the entire 2015 fire season. Sat. March 21, Ruth Lake Community Hall \$65 OR Sat., April 25, Willow Creek Veterans Hall \$75. Call College of the Redwoods at 476-4500 for more information & to register. (V-0305)

HELP OTHERS BY BECOMING CERTIFIED IN MESSAGE THERAPY! Holistic Health Education courses have been available at Loving Hands Institute since 1989. Come learn from experienced professionals at a reasonable cost and at your own pace! For more information on our 510 hour program call 725-9627 or visit www.lovinghandsinstitute.com (V-0416)

PUBLIC WORKS COMPLIANCE 101. Thurs. March 12, 3-5 p.m. Learn to comply with prevailing wage regulations for public works projects and avoid costly penalties. Cost: \$80-\$130. RSVP: (707) 442-3708 maile@humbx.com (V-0305)

WILDLAND FIRE SCHOOL. Mon. - Fri., 8 a.m.-5 p.m., March 16-21. Del Norte Campus, 883 W. Washington Blvd. Crescent City, \$50. This is a one week class on basic firefighting techniques. Students will learn how to use basic firefighting tools and fire behavior. Students who complete the course will receive certificate's L180, S190, S130 and all training need for applying to the Federal government as a firefighter. Call College of the Redwoods at 476-4500 for more info. & to register. (V-0305)

Wellness & Bodywork

ACROYOGA WITH A TWIST! Join visiting Master teacher Deven Sisler at Om Shala for your choice of three different AcroYoga workshops. \$40 until March 13, \$45 after or \$111 for all three! Check our website for more workshop details. 858 10th St., Arcata. (707) 825-YOGA(9642). www.OmShalaYoga.com (W-0305)

AYURVEDIC HERBALIST PROGRAM.

Northwest Institute of Ayurveda with Traci Webb. Starts March 13, Deadline March 5. Herbs, Foods, Yoga, Medicine Making. www.ayurvedicliving.com, Call: (707) 601-9025 (W-0505)

AYURVEDIC MASSAGE PROGRAM & ASIAN BODY THERAPIES. At NorthwestInstitute of Ayurveda with Traci Webb. Starts March 23. 112 CE Hours. Register: www.ayurvedicliving.com, Call: (707) 601-9025 (W-0319)

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Medical Cannabis Conference. April 25-26, 2015. Presenters are international, national and local experts that will utilize substantiated research and experience to advance your knowledge base on Cannabis to the next level. Intermediate Herbology. April 15-June10, 2015, 8 Wed. evenings. Delve deeper into herbal therapeutics from a holistic perspective. Register online www.dandelionherb.com or call (707) 442-8157. (W-0416)

HEALTHY BACK WORKSHOP W/ CHRISTINE FIORENTINO AT OM SHALA. Learn simple movements and exercises that will relieve back pain. 5 Thurs.'s starting March 19. No class on April 9. 7 p.m.-8:15 p.m., \$75 before March 12, \$90 after. Limited to 10 participants so sign up early. 858 10th St., Arcata. (707) 825-YOGA (9642). www.OmShalaYoga.com (W-0305)

JIN SHIN JYUTSU EVENT CALENDAR. Two ways to learn about this ancient way of balancing energy with the gentle application of the hands for health of body and mind. 1) Introductory lecture/demonstration (a benefit for the Breast and GYN Health Project), \$5 on Feb. 5, and March 5, 6:30 p.m.-8 p.m. 2) Self Help series of 4 classes, Feb. 11, 18, 25 and March 4, 6:30 p.m.-8 p.m. \$10 per class or \$35 for the series. All events at Arcata Wellness Center, 735 12th St., Arcata, by Denny Dorsett RN, certified Jin Shin Jyutsu practitioner and self help teacher, (707) 825-0824. (W-0305)

MEDICARE BASICS FOR BOOMERS.

Thurs., March 12, 4 p.m.-5 p.m. at Area 1 Agency on Aging building 434 7th St. Eureka. Find out how Medicare works, when to sign up, coverage and choices. Learn about other programs that help pay costs. For additional info. or to schedule an appointment call HICAP, (707) 444-3000 (W-0312)

MINDFUL PREPARATION FOR CHILDBIRTH W/ JODIE DIMINNO AT OM SHALA. In this informative workshop we will explore the stages of labor while we practice yoga together in a fun and supportive environment! Sun., March 15, 12:15-4:45. \$50 per couple. 858 10th St., Arcata. (707) 825-YOGA (9642). www.OmShalaYoga.com (W-0305)

START YOUR CAREER IN MESSAGE THERAPY. Now enrolling. Daytime classes start September 2, at Arcata School of Massage. 650-Hour Therapeutic Massage Certification in California, and the National Exam. Our comprehensive program prepares your body, mind and heart to become a caring, confident professional massage therapist. Call 822-5223 for information or visit arcatamassage.com (W-1231)

T'AI CHI WITH MARGY EMERSON.

At 1049 C Samoa Blvd., Arcata (K St. & Samoa). 11-week term starts March 24. Two programs for beginners: T'ai Chi for Back Pain and Arthritis and Traditional Long Form Wu Style. (Beginners can join Chen 36 and the 42 Combined Forms in fall 2015.) Daytime and evening classes. Begin as late as the third week. Visit a class with no obligation to pay or enroll. For details: Call 822-6508 or visit www.margaretemerson.com (W-0326)

NOTICE OF PETITION TO ADMINISTER ESTATE OF WILLARD A. SCHMIDT, aka WILLARD ABBOTT SCHMIDT CASE NO. PR150036

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, WILLARD A. SCHMIDT, aka, WILLARD ABBOTT SCHMIDT

A PETITION FOR PROBATE has been filed by JUDITH D. SCHMIDT In the Superior Court of California, County of Humboldt. THE PETITION FOR PROBATE requests that JUDITH D. SCHMIDT Be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on March 12, 2015 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special

Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: Angela Petrusha, Esq., CSB #297287 Petrusha Law 2111 1st. Street Eureka, CA. 95501 (707) 798-6030 February 13, 2015 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

2/19, 2/26, 3/5/2015 (15-44)

PUBLIC SALE

NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700 -21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the civil Code.

The undersigned will sell at public sale by competitive bidding on the 18th of March, 2015, at 9:00 AM, on the premises where said property has been stored and which are located at Rainbow Self Storage, at 4055 Broadway Eureka, Ca, County of Humboldt the following Gerry Harris, Unit # 5112 Rosales Daisy Urena, Unit # 5221 Crystal Dockstader, Unit # 5241 Andrea Burks, Unit # 5282 Dorothy Walton, Unit # 5312 Rosales Daisy Urena, Unit # 5328 The following units are located at 3618 Jacobs Avenue Eureka, Ca, County of Humboldt and will be sold immediately following the sale of the above units.

Steven Gantner, Unit # 1129 Starla Bremer, Unit # 1185 Ashlee Page, Unit # 1307 Ryan Young, Unit # 1571 Michael Kane, Unit # 1617 David Bowling, Unit # 1623 Crystal Hilton, Unit # 1681 Liana Munger, Unit # 1730 (Held in Co. Unit)

The following units are located at 105 Indianola Eureka, Ca, County of Humboldt and will be sold immediately following the sale of the above units.

Laura Jack, Unit # 181 Christa Coit, Unit # 236 Shirley Darling, Unit # 247 James Meisner, Unit # 462 Colette Stolberg, Unit # 476

The following units are located at 1641 Holly St. McKinleyville, Ca, County of Humboldt and will be sold immediately following the sale of the above units.

Travis Vance, Unit # 6101 (Held in Co. Unit) Items to be sold include, but are not limited to: Household furniture, office equipment, household appliances, exercise equipment, TVs, VCR, microwave, bikes, books, misc. tools, misc. camping equipment,

misc. stereo equip. misc. yard tools, misc. sports equipment, misc. kids toys, misc. fishing gear, misc. computer components, and misc. boxes and bags contents unknown. Purchases must be paid for at the time of the sale in cash only. Anyone interested in attending the auction must sign in at 4055 Broadway Eureka CA. prior to 9:00 A.M. on the day of the auction, no exceptions. All purchase items sold as is, where is and must be removed at time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party. Auctioneer: Rainbow Self-Storage, 707-443-1451, Bond # 40083246.

Dated this 5th day of March, 2015 and 12th day of March, 2015

3/5, 3/12/2015 (15-54)

FIRST 5 HUMBOLDT

Is holding public hearings for the Strategic Plan and the FIRST 5 CALIFORNIA Annual Report for Fiscal Year 2013-14.

The public hearing for the FIRST 5 CALIFORNIA **Annual Report for Fiscal Year 2013/14** will be on **Thursday, March 19, 2015, 5-6 p.m.**, at the Humboldt County Library, 1313 Third Street, Eureka. The report can be viewed at http://www.cfcf.ca/pdf/annual_report_pdfs/Annual_Report_13-14.pdf

The public hearing for FIRST 5 HUMBOLDT's **Strategic Plan** will be on **Thursday, March 19, 2015, 6-7 p.m.** at the Humboldt County Library, 1313 Third Street, Eureka. The Strategic Plan can be viewed at www.humkids.org

The public is invited to attend. For more information about FIRST 5 HUMBOLDT, visit our website at www.humkids.org or call our office at (707) 445-7389.

03/05.3/12/2015 (15-55)

ADVERTISEMENT FOR BIDS

The Westhaven Community Services District (WCSD) is seeking bids for the Water System Improvements Project. The work generally includes installation of a new 85,000 gallon water tank and the associated site work, piping and appurtenances, and electrical components. Labor will be compensated at prevailing wage rates. Bids are due on or before 3:00 PM on Wednesday, March 18th, 2015. A Mandatory pre-bid conference is set for 10:00 AM on Thursday, March 5th, 2015. The pre-bid conference will be conducted at the WCSD office located at 446 6th Avenue, in Westhaven, California. Copies of the bid documents may be obtained from either the Humboldt County Builder's Exchange, or from the office of LACO Associates (Paul Gregson at (707) 443-5054). (707) 677-0798 rswisher.wcsd@suddenlinkmail.com

2/26, 3/5/2015 (15-48)

FICTITIOUS BUSINESS NAME STATEMENT 15-00055

The following persons are doing Business as **MAZZOTTI'S OLD TOWN**, Humboldt, 305 F Street, Eureka, CA. 95501

Lost Coast Consolidated, LLC. 307 F St.

Eureka, CA. 95501 #201414010424

The business is conducted by A Limited Liability Company The date registrant commenced to transact business under the fictitious business name or name listed above on n/a

I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Jason Hodges, Member This statement was filed with the County Clerk of Humboldt County on January 29, 2015 KELLY E. SANDERS Humboldt County Clerk By: M. Morris

2/12, 2/19, 2/26, 3/5/2015 (15-25)

FICTITIOUS BUSINESS NAME STATEMENT 15-00058

The following person is doing Business as **THE HEALING GROVE**, Humboldt, 1205 Barry Road, Kneeland, CA. 95549

Christiane A. Gamage 1205 Barry Road Kneeland, CA. 95549

The business is conducted by An Individual The date registrant commenced to transact business under the fictitious business name or name listed above on n/a

I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Christiane A. Gamage, Owner This statement was filed with the County Clerk of Humboldt County on January 29, 2015 KELLY E. SANDERS Humboldt County Clerk

2/12, 2/19, 2/26, 3/5/2015 (15-26)

FICTITIOUS BUSINESS NAME STATEMENT 15-00057

The following person is doing Business as **BONDED EARTHWORKS**, Humboldt, 1380 Spear Ave. Unit A, Arcata, CA. 95521, 600 F St., Ste.3 PMB850, Arcata, CA. 95521

Chelsea A. Gordon 1380 Spear Ave., #A Arcata, CA. 95521

The business is conducted by An Individual The date registrant commenced to transact business under the fictitious business name or name listed above on 1/29/2015

I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Chelsea A. Gordon, Owner This statement was filed with the County Clerk of Humboldt County on January 29, 2015 KELLY E. SANDERS Humboldt County Clerk By: A. Abram

2/12, 2/19, 2/26, 3/5/2015 (15-28)

FICTITIOUS BUSINESS NAME STATEMENT 15-00065

The following person is doing Business as **EDEN DYLANNA**, Humboldt, 1912 Ocean Dr., McKinleyville, CA. 95519

Eden D. Golub 1912 Ocean Dr. McKinleyville, CA. 95519

The business is conducted by An Individual The date registrant commenced to transact business under the fictitious business name or name listed above on n/a

I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Eden Golub, Owner This statement was filed with the County Clerk of Humboldt County on February 03, 2015 KELLY E. SANDERS Humboldt County Clerk

2/19, 2/26, 3/5, 3/12/2015 (15-45)

FICTITIOUS BUSINESS NAME STATEMENT 15-00068

The following person is doing Business as **LE GOURMAND**, Humboldt, 773 Redwood Dr., Suite E and F, Garberville, CA. 95542

Anne Greux 4616 Thomas Road Miranda, CA. 95553

The business is conducted by An Individual The date registrant commenced to transact business under the fictitious business name or name listed above on n/a

I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Anne Greux, Owner This statement was filed with the County Clerk of Humboldt County on February 04, 2015 KELLY E. SANDERS Humboldt County Clerk By: M. Morris

2/19, 2/26, 3/5, 3/12/2015 (15-43)

FICTITIOUS BUSINESS NAME STATEMENT 15-00089

The following person is doing Business as **WATERSHED TEAS**, Humboldt, 4639 Myrtle Ave., Eureka, CA. 95503

Steven E. Dugger 4639 Myrtle Ave. Eureka, CA. 95503

The business is conducted by An Individual The date registrant commenced to transact business under the fictitious business name or name listed above on n/a

I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Steven Dugger, Owner This statement was filed with the County Clerk of Humboldt County on February 09, 2015 KELLY E. SANDERS Humboldt County Clerk By: A. Abram

3/5, 3/12, 3/19, 3/26/2015 (15-56)

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FICTITIOUS BUSINESS NAME
STATEMENT 15-00090

The following person is doing Business as **BLESSED FIRE CREATIONS**, Humboldt, 330 Commercial St., Unit C. Eureka, CA. 95501

Jason M. Cass
330 Commercial St., Unit C
Eureka CA. 95501

The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on Feb. 10, 2015
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Jason M. Cass, Owner
This statement was filed with the County Clerk of Humboldt County on February 10, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abram

2/19, 2/26, 3/5, 3/12/2015 (15-40)

FICTITIOUS BUSINESS NAME
STATEMENT 15-00094

The following person is doing Business as **ARTSCAPE LAWN MAINTENANCE**, Humboldt, 2051 Greenwood Hts. Dr., Kneeland, CA. 95549, 600 F St., Suite 3 #405., Arcata , CA. 95521

Daniel D. Dickerson
2051 Greenwood Hts., Dr.
Kneeland, CA. 95549

The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on 1/1/15
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Daniel Dickerson, Owner
This statement was filed with the County Clerk of Humboldt County on February 11, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: M. Morris

2/26, 3/5, 3/12, 3/19/2015 (15-49)

FICTITIOUS BUSINESS NAME
STATEMENT 15-00104

The following person is doing Business as **LOST COAST CATERING**, Humboldt, 760 8th Ave., Trinidad, CA. 95570

Emma Lea A. Stenborg-Davies
760 8th Ave.
Trinidad, CA. 95570

The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on 02/17/15
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Emma Lea A. Stenborg-Davies
This statement was filed with the County Clerk of Humboldt County on February 17, 2015
KELLY E. SANDERS
Humboldt County Clerk

3/5, 3/12, 3/19, 3/26/2015 (15-53)

FICTITIOUS BUSINESS NAME
STATEMENT 15-00116

The following person is doing Business as **WISDOM OF THE SOUL**, Humboldt, 44 Sunny Brae., Arcata, CA. 95521, PO Box 247, Laytonville, CA. 95454

Jolene F. Hayes
4420 Branscomb Rd.
Laytonville, CA. 95454

The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on 02/14/15
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Jolene F. Hayes, Certified Clinical Hypnotherapist
This statement was filed with the County Clerk of Humboldt County on February 19, 2015
KELLY E. SANDERS
Humboldt County Clerk

2/26, 3/5, 3/12, 3/19/2015 (15-50)

FICTITIOUS BUSINESS NAME
STATEMENT 15-00097

The following person is doing Business as **WRANGLETOWN CIDER COMPANY** Humboldt, 1350 9th St., Arcata, CA. 95521, 411 Howard Hts. Rd., Eureka, CA. 95503

Patricia A. Knittel
411 Howard Hts. Rd.
Eureka, CA. 95503

The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Patricia A. Knittel, Owner
This statement was filed with the County Clerk of Humboldt County on February 11, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abram

2/19, 2/26, 3/5, 3/12/2015 (15-42)

FICTITIOUS BUSINESS NAME
STATEMENT 15-00121

The following person is doing Business as **HUMBOLDT SPICE CO.**, Humboldt, 2275 School St., Fortuna, CA. 95540, PO Box 571, Fortuna, CA. 95540

Katie J. Edgmon
2275 School St.
Fortuna, CA. 95540

The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on 02/24/15
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Katie J. Edgmon, Owner
This statement was filed with the County Clerk of Humboldt County on February 24, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abram

3/5, 3/12, 3/19, 3/26/2015 (15-52)

FICTITIOUS BUSINESS NAME
STATEMENT 15-00115

The following persons are doing Business as **A PERFECT 10 BEAUTY SALON**, Humboldt, 138 W. 7th St., Eureka , CA. 95501, 110 New St., Eureka, CA. 95503

Jeffery G. King
110 New St.
Eureka, CA. 95503

Kayla ACS, King
110 New St.
Eureka, CA. 95503
The business is conducted by A Married Couple
The date registrant commenced to transact business under the fictitious business name or name listed above on 4/1/15
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Kayla ASC, King, Owner
This statement was filed with the County Clerk of Humboldt County on February 19, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: T Holman

2/26, 3/5, 3/12, 3/19/2015 (15-47)

FICTITIOUS BUSINESS NAME
STATEMENT 15-00105

The following person is doing Business as **RISE UP HERBALS**, Humboldt, 1975 Holly Dr., McKinleyville, CA. 95519

Halley M. Hammond
1975 Holly Dr.
McKinleyville, CA. 95519

The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on 02/17/15
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Halley Hammond, Owner
This statement was filed with the County Clerk of Humboldt County on February 17, 2015
KELLY E. SANDERS
Humboldt County Clerk
3/5, 3/12, 3/19, 3/26/2015 (15-51)

FICTITIOUS BUSINESS NAME
STATEMENT 15-00084

The following person is doing Business as **ALTERNATIVE AERO ENGINEERING**, Humboldt, 1213 Sprowel Creek Rd., Garberville Airport, Garberville, CA. 95542, PO Box 2182, Redway, CA. 95560

Cetan H. Bluesky
75 Empire
Redway, CA. 95560

The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Cetan H. Bluesky, Chief of Operations
This statement was filed with the County Clerk of Humboldt County on February 09, 2015
KELLY E. SANDERS
Humboldt County Clerk

2/19, 2/26, 3/5, 3/12/2015 (15-38)

FICTITIOUS BUSINESS NAME
STATEMENT 15-00128

The following person is doing Business as **LAND OF LOVELY**, Humboldt, 514 Henderson Street, Eureka, CA. 95501

Sarah B. Land
3671 F Street
Eureka, CA. 95503

The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Sarah Bailey Land, Owner
This statement was filed with the County Clerk of Humboldt County on February 27, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: M. Morris

3/5, 3/12, 3/19, 3/26/2015 (15-57)

FICTITIOUS BUSINESS NAME
STATEMENT 15-00081

The following persons are doing Business as **STONE APPAREL**, Humboldt, 1459 11th St., Apt. A, Arcata, CA. 95521, PO Box 4147, Arcata, CA. 95518

Fernando Garcia III
1459 11th St., Apt. A
Arcata, CA. 95521

Daniel Parra
1000 Clybourn
Bakersfield, CA. 93307
The business is conducted by A General Partnership
The date registrant commenced to transact business under the fictitious business name or name listed above on 2/9/15
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Fernando Garcia III, Owner
This statement was filed with the County Clerk of Humboldt County on February 09, 2015
KELLY E. SANDERS
Humboldt County Clerk
By M. Morris

2/19, 2/26, 3/5, 3/12/2015 (15-37)

**ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
MEGAN JEAN GILL
CASE NO. CV150063
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501**

PETITION OF: MEGAN JEAN GILL
TO ALL INTERESTED PERSONS:
Petitioner: MEGAN JEAN GILL
For a decree changing names as follows:
Present name
MEGAN JEAN GILL
To Proposed Name
JAX MEGGIE GILL
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to

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show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: March 25, 2015
Time: 1:45 p.m., Dept. 8
Superior Court of California,
County of Humboldt
825 Fifth Street
Eureka, CA. 95501
Date: Feb. 05, 2015
Filed: Feb. 05, 2015
/s/ Dale A. Reinholtsen
Judge of the Superior Court

2/19, 2/26, 3/5, 3/12/2015 (15-41)

**ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
SANDRA JEAN EMERY
CASE NO. CV150080
SUPERIOR COURT OF
CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH ST.
EUREKA, CA. 95501**

PETITION OF:
SANDRA JEAN EMERY
TO ALL INTERESTED PERSONS:
Petitioner: SANDRA JEAN EMERY
for a decree changing names as
follows:
Present name
SANDRA JEAN EMERY
to Proposed Name
SANDRA JEAN EMERY-KARR
THE COURT ORDERS that all
persons interested in this matter
appear before this court at the
hearing indicated below to show
cause, if any, why the petition for
change of name should not be
granted. Any person objecting to
the name changes described above
must file a written objection that
includes the reasons for the objec-
tion at least two court days before
the matter is scheduled to be heard
and must appear at the hearing to
show cause why the petition should
not be granted. If no written objec-
tion is timely filed, the court may
grant the petition without a
hearing.

NOTICE OF HEARING
Date: April 3, 2015
Time: 1:45 p.m., Dept. 8
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: February 11, 2015
Filed: February 11, 2015
/s/ Dale A. Reinholtsen
Judge of the Superior Court

2/26, 3/5, 3/12, 3/19/2015 (15-46)

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**TS# 14-2096
NOTICE OF TRUSTEE'S SALE**

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED: 8/21/13. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee, as shown below, all right, title and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any shown herein. Trustor: MPM Construction, Inc., a Wyoming Corporation Duly Appointed Trustee: Foreclosure Specialists LLC Recorded 10/16/13 as Instrument No. 2013-023375-5 of Official Records in the office of the Recorder of Humboldt County, California, Date of Sale: Thursday, March 26, 2015 at 10:30 AM Place of Sale: On the steps to the front entrance to the County Courthouse, 825 5th Street, Eureka, CA 95501 The common designation of the property is purported to be: Vacant Land-Directions to the property may be obtained pursuant to a written request submitted to the Beneficiary, Humboldt Land and Cattle, LLC, a Limited Liability Company, within 10 days from the first publication of this notice at 1388 Court St., Suite C, Redding, CA 96001 Legal Description That real property situate in the County of Humboldt, State of California, described as follows: PARCEL ONE: The North Half of the Northwest Quarter of Section 6 in Township 3 South of Range 6 East, Humboldt Meridian (also described as Lot Number 3 (the Northeast Quarter of the Northwest Quarter) and Lot Number 4 (the Northwest Quarter of the Northwest Quarter) of Section 6 in Township 3 South of Range 6 East, Humboldt Meridian). PARCEL TWO: A non-exclusive easement for ingress and egress for all purposes over a strip of land, 50 feet in width, the center line of which is described as follows: BEGINNING at a point 2089.45 feet North and 591.33 feet East of the corner to Sections 11, 12, 13, and 14, Township 3 South, Range 5 East, Humboldt Base and Meridian, which point falls in the center of a County Road traveling Easterly through said Section 11: and running thence South 75 degrees 10 minutes 00 seconds East 109.09 feet; North 67 degrees 19 minutes 30 seconds East 240.03 feet; North 77 degrees 55 minutes 15 seconds East 75.90 feet; South 69 degrees 33 minutes 15 seconds East 94.50 feet; South 87 degrees 53 minutes 45 seconds East 78.10 feet; North 46 degrees 06 minutes 45 seconds East 152.34 feet; North 66 degrees 49 minutes 30 seconds East 230.47 feet; North 38 degrees 31 minutes 30 seconds East 217.15 feet; North 72 degrees 07 minutes 30 seconds East 80.60 feet; South 77 degrees 09 minutes 45 seconds East 124.39 feet; North 76 degrees 32 minutes 45 seconds East 78.06 feet; North 51 degrees 59 minutes 45 seconds East 126.20 feet; North 35 degrees 55 minutes 45 seconds East 137.47 feet; North 49 degrees 48 minutes 45 seconds East 88.56 feet; North 74 degrees 00 minutes 45 seconds East 242.02 feet; North 89 degrees 46 minutes 00 seconds East 145.50 feet; South 62 degrees 18 minutes 30 seconds East, an undetermined distance to enter the Southwest Quarter of the Northeast Quarter of said Section 12, Township 3 South, Range 5 East, Humboldt Base and Meridian. EXCEPTING therefrom any portion lying within the Southeast Quarter of the Northwest Quarter of said Section 12. PARCEL THREE: A non-exclusive easement 40 feet in width for ingress, egress, and utilities, the centerline of which begins at the Northerly terminus of PARCEL TWO above, thence traversing the courses and distances set forth and shown on the Record of Survey for Humboldt Land and Cattle, LLC recorded in Book 70 of Surveys, Pages 85, 86 and 87, Humboldt County Records as Easement 13, Easement 14, Easement 15, Easement 16, Easement 17, and Easement 19, to PARCEL ONE above. APN: 216-201-002 Estimated opening bid: \$309,749.56 Beneficiary may elect to open bidding at a lesser amount. The total amount secured by said instrument as of the time of initial publication of this notice is stated above, which includes the total amount of the unpaid balance (including accrued and unpaid interest) and reasonable estimated costs, expenses and advances at the time of initial publication of this notice. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call the trustee's information line at 530-246-2727 or visit this Internet Web site: calforeclosures.biz, using the file number assigned to this case: SS # 14-2096. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 2/23/15 FORECLOSURE SPECIALISTS LLC 1388 Court Street, Ste C Redding, CA 96001 530-246-2727, Toll Free: 844-333-6766, Trustee Sale Officer Foreclosure Specialists LLC is assisting the Beneficiary in collecting a debt. Any and all information obtained may be used for that purpose. TAC: 971699 PUB: 3/05, 3/12, 3/19/15.

3/5, 3/12, 3/19/15 (15-58)

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Event Calendar

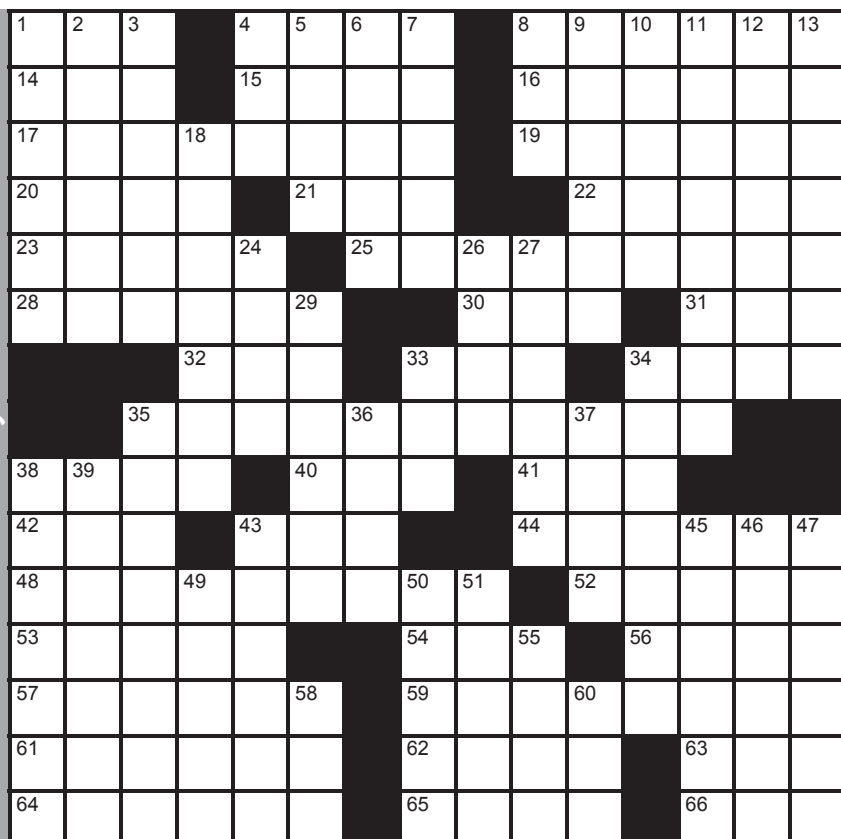
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summer of FUN 2015

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8. Joyful tunes
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15. "___ calling!"
16. Eventually
17. Mute
19. Some rental trucks
20. La Salle of "ER"
21. Xbox alternative
22. Try to whack
23. Edit for TV, say
25. Where baseball's Yomiuri Giants play their home games
28. More pallid
30. LBJ's antipoverty agcy.
31. Huck's raftmate
32. "The Matrix" hero
33. Letters on a perp's

record

34. Montana and Namath
35. Bandleader who signed teen singer Frank Sinatra in 1940
38. Eyewear, in ads
40. ___ school
41. Pince-___
42. Pitcher's asset
43. ___ Aviv
44. Apple cofounders Jobs and Wozniak
48. Maximum amount being paid
52. "The secret of being ___ is to tell everything": Voltaire
53. Band
54. Doves do it
56. Caroline du Sud, e.g.
57. How to make money "the old-

fashioned way"

59. Agenda exemplified by 17-, 25-, 35- and 48-Across
61. Stop the flow of
62. Send out
63. Speed: Abbr.
64. New Journalism pioneer Gay
65. Salon tints
66. Suffix with Taiwan

DOWN

1. Peter with the 1986 #1 hit "Glory of Love"
2. Flips over
3. It lost to "Crash" for Best Picture
4. Young chap
5. Declare frankly
6. Namely
7. "The Good, the Bad and the Ugly" composer

Morricone

8. One of two N.T. books
9. "Moving on then ..."
10. Overhauled
11. The official anthem of the European Union
12. Wyoming college town
13. Digestive and respiratory, for two
18. Semiannual event
24. Swarm (with)
26. Gorilla pioneering in sign language
27. Pines (for)
29. German commander at the invasion of Normandy
33. Interject
34. Feminist blog with the tagline "Celebrity, Sex, Fashion for

Women. Without Airbrushing."

35. ___ lobe
36. Hardly one's inside voice
37. ___ good example
38. High school senior's hurdle, redundantly
39. How some wages are calculated
43. Talking points
45. Kind of candle
46. Clears the board
47. Agree out of court
49. "Death Be Not Proud" poet
50. Behaved
51. Like limousines
55. "Garfield and Friends" character
58. "What ___?!"
60. NFL extra periods

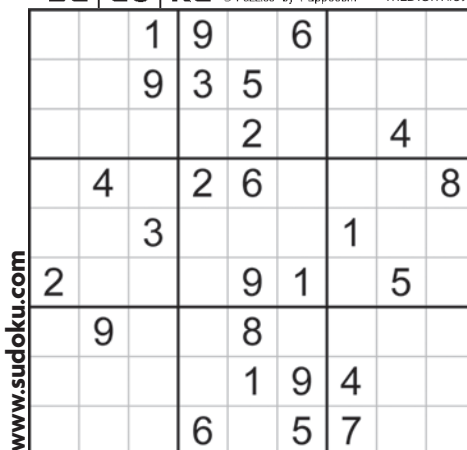
LAST WEEK'S ANSWERS TO T-PAIN



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MEDIUM #39



www.sudoku.com

classified employment

Lost & Found

FELIX
BIG SIAMES CAT LOST.

Missing at the 14.3 marker up on highway 299 going east. Flagged with pink ribbons where he was last seen. He might have traveled south next to the river going in the direction of Blue Lake. Call Marianne Leopardo (530) 964-2226 or (707) 668-5919. If somebody sees him or find him. Good reward!

Clubs/Orgs

MEDICARE BASICS
FOR BOOMERS WORKSHOP
THURS., MARCH 12
4 P.M. - 5 P.M.

Find out how Medicare works, when to sign up, coverage and choices. Learn about other programs that help pay costs. Area 1 Agency on Aging building 434 7th St. Eureka. For additional info. or to schedule an appointment Call HICAP (707) 444-3000

Opportunities

\$\$HELP WANTED\$\$

Earn Extra income, assembling CD cases. Call our Live Operators NOW! 800-267-3944 Ext 3090. www.easywork-greatpay.com (Not Valid in MD). (AAN CAN) (E-0305)

AIRLINE CAREERS.

Start here - If you're a hands on learner, you can become FAA Certified to fix jets. Job placement, financial aid if qualified. Call AIM 800-481-8389. (E-0326)

AMERICAN STAR
PRIVATE SECURITY.

Is Now Hiring. Clean record. Drivers license required. Must own vehicle. Apply at 922 E Street, Suite A, Eureka (707) 476-9262. (E-0326)

Opportunities

AVIATION GRADS WORK
WITH JETBLUE, BOEING,
NASA AND OTHERS.

Start here with hands on training for FAA certification. Financial aid if qualified. Call Aviation Institute of Maintenance 800-725-1563 (AAN CAN) (E-0326)

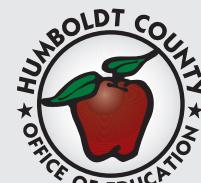
CHER-AE HEIGHTS
CASINO

CURRENT OPENINGS

- Janitor, PT
- Security, PT
- Wait Staff, PT

To apply visit our website at www.cheraeheightscasino.com

Opportunities

EDUCATION:
EQUAL OPPORTUNITY
TITLE IX

For jobs in education in all school districts in Humboldt County, including teaching, instructional aides, coaches, office staff, custodians, bus drivers, and many more. Go to our website at www.humboldt.k12.ca.us and click on Employment Opportunities. Applications and job flyers may be picked up at the Personnel Office, Humboldt County Office of Education 901 Myrtle Ave, Eureka, or accessed online. For more information call 445-7039. (E-1113)



We invite applicants for the following position:

ACCOUNTANT I

Full-time with excellent benefits.

For job description and application procedure, visit:

<http://tinyurl.com/aoh9y1p>

First Review: March 9, 2015

Open until filled

County of Humboldt

CHILD CARE WORKER

\$12.01-\$15.42 hourly, plus excellent benefits.

Under supervision, provide on-site child care for children of clients participating in the Healthy Moms Program; provide assistance to parents in developing parenting skills; perform routine housekeeping.

Requires knowledge and skill of principles and techniques related to care of children ages 0 to 5. Related experience and education is desirable.

Successful candidates for this position will be required to pass a fingerprint background check.

The current opening is a 20-hour per week position. AA/EOE

Final filing date: Friday, March 13, 2015.

Apply at www.humboldt.gov/Job-Opportunities or contact Human Resources Humboldt County Courthouse 825 5th St., Rm 100, Eureka, CA 95501 (707) 476-2349

Opportunities



Southern Humboldt Community Healthcare District is now accepting applications for:

REGISTERED NURSE

Per diem, part time and full time
ER/Acute, BSN, PALS, ACLS

CLINICAL LAB SCIENTIST

Full time, flexible schedule, \$79,040-\$101,920/annually plus on-call and call pack pay plus benefits package

ADVANCED PRACTITIONER

Physician's Assistant or Family Nurse Practitioner, flexible schedule with competitive pay and benefits.

Visit www.shchd.org for more information and to apply
Or call (707) 923-3921 ext. 230



CITY OF FORTUNA ACCOUNT CLERK I

\$11.57 TO \$14.06 PER HOUR (DOQ)
PART-TIME, ENTRY LEVEL.

Performs cashier and customer service duties including answering and routing telephone calls to City Hall. Assists with the maintenance of utility billing records and accounts; and performs related duties as assigned. Successful applicant will have good work ethic; enjoy multi-tasking, interacting with a variety of community members and coworkers.
CDL Required.

Complete job description and required application available at friendlyfortuna.com or City of Fortuna, 621 11th Street, 725-7600.
Applications must be received by 5:00 pm on **Friday, March 20, 2015.**

County of Humboldt ADMINISTRATIVE SECRETARY (MC)

\$2,982-\$3,826 monthly, plus excellent benefits.

Under general supervision, provides varied secretarial and office administrative assistance to a division manager or head of a smaller department and related supervisory and professional staff; provides work direction and review to office support staff; performs related work as assigned. Specified positions may require possession of a valid California driver's license.

Desirable Education and Experience: A typical way to obtain the knowledge and skills is: EITHER one year of secretarial experience providing responsible office and administrative support assistance at a level equivalent to the County's class of Secretary OR three years of general clerical or office support experience. AA/EOE

Final filing date: Friday, March 13, 2015.

Apply at
www.humboldt.gov/Job-Opportunities
or contact Human Resources
Humboldt County Courthouse
825 5th St., Rm 100, Eureka, CA 95501
(707) 476-2349

Opportunities



14 W. Wabash Ave.
Eureka, CA 268-1866
eurekaca.expresspros.com

ATTENTION LABORERS!

Tired of \$9/hour and only working part time? We need 20 full time dependable, reliable laborers. If you are a hard worker in good physical condition, able to stand all day and pass a drug test call (707) 268.1866 to apply.
We pay \$10/hour to start!



ACCOUNT MANAGER

The Mad River Radio Group consisting of 99.1 KISS FM, MIX 95.1 & 106.7 The EDGE is currently accepting applications for a full time Account Manager position.

Preferred applicants should be motivated, ambitious, organized and personable individuals with existing retail or outside sales experience.

Competitive pay and commission structure.
Income varies per own ability. You must have your own vehicle and provide proof of insurance.

Please provide a resume by mail to
728 7th street, suite 2a, Eureka CA 95501
or email randy@kjny.net.

Mad River Radio is an Equal Opportunity Employer.



HUMBOLDT AREA FOUNDATION

DONOR SERVICES ASSISTANT

Humboldt Area Foundation is now accepting applications for a Donor Services Assistant.

This is a full time (40 hours/week) hourly position based in Bayside, CA. Compensation will be DOE, and includes competitive health and retirement benefits.

This position is responsible for full participation in the donor services team with a focus on innovation and continuous improvement including support for donor assistance and engagement, file management, event coordination, grant and gift processing, production of the annual donor yearbook, and creating a positive and welcoming representation of Humboldt Area Foundation for donors and other visitors.

For the detailed job descriptions, list of preferred qualifications, and application procedures please visit our website at www.hafoundation.org or for more information, call us (707) 442-2993.

Please submit your resume, cover letter, and writing sample to admin@hafoundation.org
Deadline: March 9, 2015

Opportunities

PLANNED PARENTHOOD NORTHERN CALIFORNIA (PPNORCAL) PART-TIME AND FULL-TIME CLINICIANS (NP/PA/CMW) EUREKA AND REDDING, CA

****\$K SIGN ON BONUS AVAILABLE****

PPNorCal is currently seeking a Full-Time and Part-time Clinician at our health centers located in Eureka and Redding CA. These individuals will deliver family planning and abortion services to our clients, function as part of a healthcare team and will be an integral part of the Client Services department. These are non-exempt level positions that include evening shifts as needed. Salary DOE + bilingual pay differential. Email or fax your cover letter, resume and names of three professional references with phone numbers to: careers@ppnorcal.org or Fax: (925) 676-2814. EOE.



Sanctuary Forest

EXECUTIVE DIRECTOR Sanctuary Forest, a land trust based in Whitethorn, seeks applicants for the position of Executive Director (32 hrs/week). For a job description and application instructions, visit our website at www.sanctuaryforest.org, or email jobs@sanctuaryforest.org.

Apply by March 31st. Position open until filled.



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FRIENDS OF THE DUNES EXECUTIVE DIRECTOR

\$18.00-\$20.00/HOUR PLUS BENEFITS The Friends of the Dunes, a 501(c)3 non-profit organization dedicated to conserving the natural diversity of coastal environments through community supported education and stewardship programs, has a position opening for a full-time (35 hours) Executive Director. The ideal candidate is passionate and knowledgeable about coastal conservation, and possesses a minimum of a Bachelor's Degree, and 5 years of successful fundraising experience with a non-profit organization. Send resume and cover letter to Executive Director Search Committee, P.O. Box 186, Arcata, CA, 95518, or email to info@friendsofthedunes.org Open until filled. Full job description can be viewed at <http://www.friendsofthedunes.org/about/jobs>

Opportunities



Come join our team
of Hospice professionals...

Director of Social Services

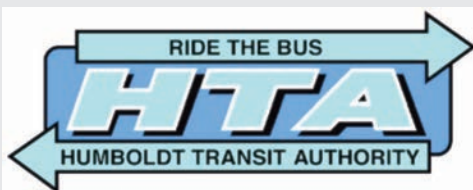
Position is full-time with a generous benefits package and ample compensation. Go to our web page www.hospiceofhumboldt.org to review the job description.

If you meet the qualifications, please send letter of interest and resume.

Email to: cburton@hospiceofhumboldt.org

Or mail to: Christine Burton,
Director of Human Resources & Education
Hospice of Humboldt
2010 Myrtle Avenue • Eureka, CA 95501
(707) 441-0105 x308

HOH is a drug free workplace.



THE HUMBOLDT TRANSIT AUTHORITY IS CURRENTLY HIRING BUS DRIVERS. Our drivers operate all types of buses that are assigned to Humboldt Transit Authority fleet. Motivated individuals seeking to apply must be in possession of a valid Class C driver's license, and must present with their application, a current DMV printout of their driving record.

Certified on-site training is provided.

Drivers are responsible for the safe operation of all equipment in compliance with federal, state, county and municipal regulations.

All drivers will begin employment with part-time status and the option to work into full time position. Full-time drivers receive increases in compensation and a desirable benefits package.
Starting wage: \$14.22 / hour.

Please visit our website at:
www.hta.org
to download an employment application

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Opportunities



MARKETING MANAGER

Cypress Grove Chevre, an award winning artisan cheese company, is searching for an experienced Marketing Manager to join our growing team.

If you are creative & enthusiastic with a love of specialty foods, visit our website for a complete job description and instructions on how to apply.

www.cypressgrovechevre.com/grovers/employment.html



United Indian Health Services, Inc.

FULL TIME POSITIONS

Compliance Officer

1 Full Time/Arcata

Provider-MD or FNP/PA

1 Full Time/Crescent City & Klamath

Certified Coder

1 Full Time/Arcata

Pharmacy Technician

1 Full Time/Arcata

Health Promotion Technician

1 Full Time/Arcata

1 Full Time/Elk Valley

IT Manager

1 Full Time/Arcata

Health Information Systems

Management Manager

1 Full Time/Arcata

PART-TIME POSITION

Elder Nutrition Van Driver

1 Part-time/Smith River

PER DIEM POSITION

Clinical Nurse

1 Per Diem/Arcata

1 Per Diem/Crescent City

Laboratory Assistant

1 Per Diem/Arcata

2 Per Diem/Crescent City

Medical Assistant

2 Per Diem/Arcata

To apply download employment application from

www.unitedindianhealthservices.org

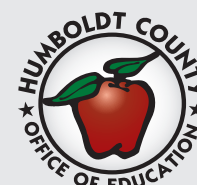
& email 1) Resume 2) Cover Letter & 3)

Employment Application to

UIHS-Recruiting@crihb.org

*In accordance with PL 93-638 American Indian
Preference shall be given.*

Opportunities



BENEFITS CLERK

**NORTH COAST SCHOOLS MEDICAL INSURANCE GROUP,
HUMBOLDT COUNTY OFFICE OF EDUCATION.**

FULL-TIME, 1.0 FTE, M-F, SALARY: \$2128.75 - \$2718.73/MO.

Entry DOE. Requires graduation from high school and completion of an AA/AS in Business, Accounting or related field. 3 years of experience in insurance office or medical office billing, experience may be waived for the education requirement. Applications available at HCOE or www.humboldt.k12.ca.us

Reply to: PERSONNEL, HCOE,
901 Myrtle Ave, Eureka, CA 95501

Closes: 3/10/15, 4:00 p.m.

open door

Community Health Centers

CASE MANAGER

1 F/T Crescent City

DIETICIAN

1 F/T Crescent City

DENTAL HYGIENIST

1 F/T Eureka

HEALTH CONNECTIONS PROJECT MANAGER

1 P/T Eureka

LAB ASSISTANT

1 F/T McKinleyville

LCSW

1 F/T Crescent City

LVN

1 F/T Fortuna

MEDICAL ASSISTANT

4 F/T Arcata (1 Pediatrics and 1 in Prenatal Services)

1 F/T Eureka

1 F/T Willow Creek

MEDICAL RECEPTIONIST

3 F/T Eureka (Spanish language skills preferred)

1 F/T Crescent City

MEDICAL RECORDS CLERK

1 F/T Fortuna

REFFERAL SUPPORT

1 F/T Willow Creek

RN

1 F/T Willow Creek

1 F/T Eureka (Mobile Health Services)

RN CLINIC COORDINATOR (SUPV)

1 F/T Crescent City

RDA

2 P/T (20 Hours/week) Eureka

2 F/T Crescent City

1 F/T Eureka

TRIAGE RN

1 F/T Ferndale

Visit www.opendoorhealth.com to complete
and submit our online application.

Opportunities

County of Humboldt SENIOR LEGAL SECRETARY

\$2,712 - \$3,480 Monthly

This is the working lead level in the legal secretarial support series with responsibility for providing direction to a small group of legal secretarial and/or general office support staff, including the assigning and review of work. Provides difficult or specialized legal secretarial support to one or more attorneys. The current vacancy is with the Public Defender - Alternate Counsel office. However, the list generated from this recruitment may be used to fill vacancies in other offices in the future. Desired experience includes 3 years of professional experience as a legal secretary. **Filing deadline: March 24, 2015.** Apply online at <http://humboldt.gov/Job-Opportunities/aa/eoe>

County of Humboldt VOCATIONAL COUNSELOR I

\$2,726- \$3,498 monthly, plus excellent benefits.

Under supervision, provide client assessment, vocational counseling and job development support for a variety of adult and youth employment training and placement programs. Requires knowledge of principles and practices of vocational assessment and development of employment plans, and skill in managing client caseloads.

Desired education and experience would include the equivalent to graduation from a four-year college or university with major coursework in psychology, social science or a closely related field. AA/EOE

Final filing date: Friday, March 13, 2015.

Apply at
www.humboldt.gov/Job-Opportunities
or contact Human Resources
Humboldt County Courthouse
825 5th St., Rm100, Eureka, CA 95501
(707) 476-2349

County of Humboldt MEDICAL OFFICE ASSISTANT I

\$2,167-\$2,780 monthly, plus excellent benefits

Under direction this position provides a variety of routine to difficult medical office support to County mental health or public programs. Duties include patient record keeping, patient scheduling and intake, reception, transcribing, medical billing, and data entry. Some knowledge of medical terminology and one year of general clerical work exp. are desired. AA/EOE

Final filing date: Friday, March 13, 2015.

Apply at www.humboldt.gov/Job-Opportunities
or contact Human Resources
Humboldt County Courthouse
825 5th St., Rm100, Eureka, CA 95501
(707) 476-2349

Opportunities



HUMBOLDT SUPERIOR COURT JOB OPPORTUNITY Court Account Clerk I/II

DOE Salary \$2681.47-
\$3690.27/mo + benefits

High school diploma
or equivalent and one
year exp. required. FBI/
DOJ/Background check
required.

**App due by 5PM
3/31/2015**

For app & info
(707) 269-1245 or email
HR@humboldtcourt.ca.gov

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This is a continuously open
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11AM-5PM & WEDS. MARCH 11,
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THURS. MAR 26TH, 5:15PM
Estate Furniture &
Household Misc. +
Additions
PREVIEW REGULAR THURSDAY
AUCTIONS WEDS. 11AM-5PM &
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swim in place! Price does not
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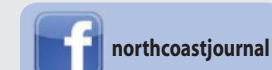
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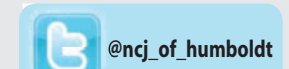


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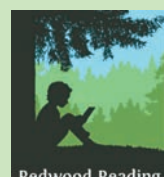
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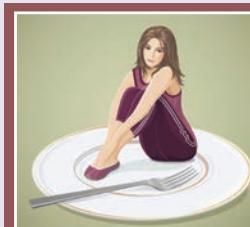
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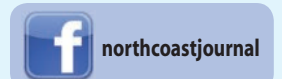
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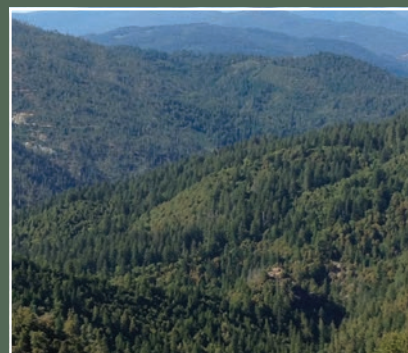
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All photos courtesy of the Bacigaluppi Family

Meet our Customers

Michelle and Angelo Bacigaluppi come from two very different places, but call one place home. Michelle, a Bay Area native and Angelo, who hails from the Dominican Republic, now live in Trinidad with their two kids, Diego and Emma. "We love Trinidad. It is probably one of the most beautiful places I have ever been or seen," Michelle explains. "We really enjoy the peace and quiet."

Michelle and Angelo moved to the area 16 years ago. Michelle works for Jackson & Eklund Accounting and is very busy this time of year. Angelo works as an IT Professional for Network

Management Services. They are both heavily involved with the local community as well. Angelo is a member of the Sunrise Rotary Club of Arcata and Michelle volunteers with the Trinidad Education Foundation.

When the Bacigaluppi's are not working or volunteering, they can be found enjoying all that Humboldt has to offer. "We love the local fairs and events that can be found throughout Humboldt. Oyster Fest is one of our favorites," Explains Angelo. "The Ocean, beach, beer, local products, Hops in Humboldt; we love all of these things." The kids really enjoy hanging

out with their grandparents, Cliff and Marijane, who also live in Trinidad.

"Murphy's Market is also a big part of our day," says Angelo. "We stop by nearly everyday of the week. We really like Humboldt Grass Fed Beef, but all of the local products are great," explains the family. "Beer, milk, fresh produce, locally caught seafood, and we can't forget Diego's favorite, Funyuns. You can get almost anything you need."

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